

## شكراً لتحميلك هذا الملف من موقع المناهج الإماراتية



## أوراق عمل مراجعة الوحدة الخامسة متبوعة بالإجابات

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر ← علوم صحية ← الفصل الثاني ← الملف

## التواصل الاجتماعي بحسب الصف الحادي عشر



## روابط مواد الصف الحادي عشر على تلغرام

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## المزيد من الملفات بحسب الصف الحادي عشر والمادة علوم صحية في الفصل الثاني

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**Term (2) – 2021/2022**

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Revision Unit 5 – G11

Health Sciences

1.

Which health education approach uses the media to reach a large amount of people?

2.

Which health education approach provides **one-to-one** health education?

3.

Public health aims to prevent a community or population from getting sick in the first place.

- (A) True  
(B) False

4.

Match the following health interventions to the correct pillar of health promotion.

Pillar of health promotion	Health intervention
1. Good governance	
2. Healthy cities	
3. Health literacy	

- a) Displaying healthy eating posters in schools, malls and doctors' surgeries  
b) Creating a law that bans smoking indoors  
c) Organising a running competition in Abu Dhabi for all ages

5.

Which preventative medical approach aims to recognise a disease that is present but in its early stages?

- (A) Primary prevention  
(B) Secondary prevention  
(C) Tertiary prevention  
(D) Vaccination

6.	Which of the following best describes disease prevalence?	
	(A)	The total number of deaths from a disease
	(B)	The number of new cases of a disease within a population
	(C)	The number of people within a population who have a specific disease
(D)	The risk of getting a specific disease	

7.	In December, the disease prevalence of Coronavirus was 16,480 and the disease incidence was 8,500.	
	How many new cases of Coronavirus was there in December?	
	(A)	110,200
	(B)	85,220
	(C)	16,480
(D)	8,500	

8.	Name three pieces of information that should be included when planning a health promotion campaign.	
	1.	_____
	2.	_____
	3.	_____

9.	Which of the following is a disease prevention strategy used by public health professionals?	
	(A)	Health education
	(B)	Disinfection programmes
	(C)	Community vaccination
	(D)	All of the above

10.	Healthcare professionals should educate patients on how to properly manage their illness.	
	(A)	True
	(B)	False

11.	Match the following approaches to health education to their correct definition.	
	Approach to health education	Definition
	Individual approach	
	Group approach	
	Mass audience approach	
<p>a) When a medical professional teaches a group of people</p> <p>b) When the media is used to reach a large amount of people</p> <p>c) One-to-one health education</p>		

12.	Match the following words to their description.	
		Definition
	Health promotion	
	Health education	
a) An area of study b) A type of advertisement		

13.	Which pillar of health promotion uses laws and policies to encourage healthy behaviours?	
	(A)	Good environments
	(B)	Health literacy
	(C)	Healthy cities
	(D)	Good governance

14.	Which preventative medical approach aims to stop a disease or injury before it happens?	
	(A)	Primary prevention
	(B)	Secondary prevention
	(C)	Tertiary prevention
	(D)	Treatment of disease

15.	Which of the following is an example of secondary prevention?	
	(A)	Health screening
	(B)	Vaccination against disease
	(C)	Laws to keep people safe
	(D)	All of the above

16.	Name one approach to health promotion.	

17.	Fill in the blanks.	
	_____ deals with preventing disease and promoting health at a community or population level. This is done by _____ or educating people about the _____ of an unhealthy lifestyle.	
	a. risks                      b. vaccinations                      c. public health	

18.	What is the first thing that should be done when planning a health promotion campaign?	
	(A)	Target setting
	(B)	Design materials and posters
	(C)	Needs assessment
	(D)	Measure the results

19.	Which of the following is an example of building healthy public policy?	
	(A)	Changing the focus from treating diseases to preventing diseases
	(B)	Creating a law that says people must wear a seatbelt when in the car
	(C)	Planning a community fitness event for people to take part in
	(D)	Creating healthy environments for people to live in, such as parks for exercise

20.	Which approach to health promotion involves working on a one-to-one basis with an individual and health professional?	
	(A)	Socio-environmental approach
	(B)	Client-centred approach
	(C)	Educational approach
	(D)	Reorient health service approach

21.	Fill in the blanks.							
	<table border="1" style="width: 100%; text-align: center;"> <tr> <td>needs</td> <td>campaign</td> <td>places</td> </tr> <tr> <td>important</td> <td>research</td> <td>setting</td> </tr> </table>		needs	campaign	places	important	research	setting
	needs	campaign	places					
	important	research	setting					
	<p>Planning a health promotion ..... takes a lot of time. The planners need to do lots of ..... This research comes from many different .....</p> <p>Two very ..... things that are needed to plan a campaign are ..... assessment and target .....</p>							

Fill in the blanks.

22.

unhealthy	campaign	information
intervention	skills	school

Health promotion gives people ..... and ..... to care for their own health. It is used to change ..... habits and behaviours into healthy habits and behaviours. Health promotion can be carried out by a government, ....., hospital or health company. When these groups organise health promotion activities, it is called a ..... or an .....

Match the pillar of health promotion to the correct description.

23.

Good governance	Create an environment that encourages people to be healthy.
Healthy cities	Create public policy to improve health.
Health literacy	Educate people about health so they can take control of their own health.

True or false:

24.

Healthcare professionals providing health education increase the chance of diseases.	T / F
If health education is carried out correctly, people are less likely to need medical care.	T / F
Nurses are the only health professionals that are responsible for health education.	T / F
Health education is an important part of health promotion.	T / F
Medical professionals can explain a procedure to a patient e.g. surgery. This is classed as health education.	T / F

Match the explanation with the approach to health promotion:

25.

Explanation	Approach
Aimed at large groups of people and may involve changing regulations or policies.	Behaviour change
Focuses on preventing diseases before they occur or treating existing conditions to avoid further illness.	Client-centred
Aimed at individuals or groups whose lifestyle or behaviour increases their risk of illness.	Educational
Usually on a one-to-one basis with the individual and a health professional or a health educator.	Preventative medical
Aimed at groups of people and uses health education to increase knowledge and understanding of health issues.	Socio-economical

True or false:

26.

Health education can only be taught in schools.	T / F
Health education teaches people about health issues that are currently happening.	T / F
Health education does not use any medical science.	T / F
Health education is an important part of health promotion.	T / F
If people understand health education, they will make healthier choices.	T / F

## Answers Key

1	Mass audience approach
2	Individual approach
3	A – true
4	1. Good governance – B. creating a law that bans smoking indoors 2. Healthy cities – C. organizing a running competition in Abu Dhabi for all ages 3. Health literacy – A. Displaying healthy eating posters in schools, malls and doctors' surgeries
5	B – Secondary prevention
6	C – the number of people within a population who have a specific disease
7	D – 8500
8	<ul style="list-style-type: none"><li>• Aims of the campaign</li><li>• Targets/goals to be achieved</li><li>• Activities that will be carried out</li><li>• Who is responsible for each part of the campaign?</li><li>• How much money is needed?</li><li>• A schedule for each activity</li></ul>
9	D – all of the above
10	A – true
11	Individual approach – C. one to one health education Group approach – A. when a medical professional teaches a group of people Mass audience approach – B. when the media is used to reach a large amount of people
12	Health promotion – B. a type of advertisement Health education – A. an area of study
13	D – good governance
14	A – primary prevention
15	A – health screening
16	<ul style="list-style-type: none"><li>• Behaviour change approach</li><li>• Client-centred approach</li><li>• Socio-environmental approach</li><li>• Educational approach</li><li>• Preventative medical approach</li></ul>
17	1. c. public health 2. b. vaccinations 3. a. risks
18	C – needs assessment
19	B – creating a law that says people must wear a seatbelt when in the car
20	B – client-centred approach

**You can use your text book to finish the other questions answers**

**Believe in yourself, stay strong, do the impossible**

رؤية المدرسة: شخصية قيادية مبدعة لجيل واع يسمو لتطوير ذاته ووطنه وأمتة  
رسالة المدرسة: مدرسة براعم العين الخاصة تهدف إلى تعليم متميز لإعداد جيل واع يستفيد من قدراته ويواجه تحديات العصر طبقاً للمنظومة التربوية والتعليمية  
بدولة الإمارات العربية المتحدة