تم تحميل هذا الملف من موقع المناهج الإماراتية





كتاب النشاط BTS WorkBook المسار العام

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر ← لغة انجليزية ← الفصل الثاني ← ملفات متنوعة ← الملف

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ملفات ا كتب للمعلم ا كتب للطالب ا اختبارات الكترونية ا اختبارات ا حلول ا عروض بوربوينت ا أوراق عمل منهج انجليزي ا ملخصات وتقارير ا مذكرات وبنوك ا الامتحان النهائي ا للمدرس

المزيد من مادة لغة انجليزية:

التواصل الاجتماعي بحسب الصف الحادي عشر











صفحة المناهج الإماراتية على فيسببوك

5

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

المزيد من الملفات بحسب الصف الحادي عشر والمادة لغة انجليزية في الفصل الثاني 8.2 Level خطة ومواصفات الامتحان النهائي المسار المتقدم عمر عمل عمر عمل عمر عمل النهائي المسار العام عمر عمل الفهم القرر المسار العام 2024-2025 عمل الفهم القرائي Earth الأرض

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2023-2024

Bridge to Success 11

Workbook





Bridge to Success

English Language

Book 11 Workbook

Grade 10 Advanced
Grade 11 General

Volume 2

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Workbook

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Welcome to Bridge to Success

Bridge to Success is a twelve-grade course for learners of English as a second language (ESL). The twelve grades range from the beginning of cycle 1 to the end of cycle 3.

Bridge to Success 11 consists of twelve thematic units of study, which include a range of activities, text types and objectives, split over three terms.

The materials reflect the following principles:

- An Emirati focus, with an international perspective. Specifically developed for young learners throughout the United Arab Emirates, the themes, situations and literature covered by Bridge to Success strive to reflect the Emirati context and encourage learners' curiosity about the wider world. This fosters respect and interest in other cultures and leads to awareness of global citizenship.
- An enquiry-based, language-rich approach to learning. Bridge to Success engages children as active, creative learners. As learners participate in a wide variety of curriculum-based activities, they simultaneously acquire content knowledge, develop critical thinking skills and practise English language and literacy. The materials incorporate a 'learning to learn' approach, helping children acquire skills and strategies that will help them approach new learning situations with confidence.

English for educational success. To meet
the challenges of the future, children need
to develop facility with both conversational
and academic English. From the earliest
stage, Bridge to Success addresses both these
competencies. Bridge to Success presents
authentic listening and reading texts, writing
tasks, and end-of-unit projects similar to
those learners might encounter in Englishmedium and international schools.

This Workbook provides additional support, reinforcement and practice of the Coursebook. Comprehensive support for teachers is provided in the Teacher's Guide.

The following icons are used in this Workbook:

1 pre-recorded listening activity

We hope that you and your learners will enjoy using these materials as much as we enjoyed developing them for you.

The Bridge to Success team



Contents

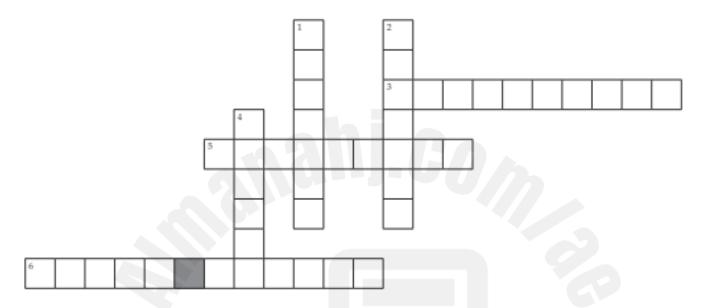
	Reading/Topic	Listening/Speaking	Use of English	Vocabulary	Writing
Unit 5 Calling Planet Earth Pages 52–63	Space exploration Geographical features Animals,wildlife and conservation Plants and trees Nature and the environment	Listening: Listen to an interview Listen to a documentary Listen to a conversation Listen to a presentation Speaking: Discuss the UAE space agency Prepare a documentary Guess categories Make a presentation	Present perfect with for and since Countable and uncountable nouns Quantifiers with uncountable nouns Prepositions with verbs describing geography Expressions of opinions; giving examples Indefinite pronouns it as an object with make for referencing, adjective + noun collocations	Space exploration Geography Animals	Describe the geography of a country Write a blog about animal conservation Write a summary about plants and tress Write about renewable energy Complete a summary
Unit 6 Fitness for life Pages 64–75	Health and wellness Looking after health Food and health Healthcare systems Technology and fitness Stem cell therapy Medicine and health Health issues in the UAE	Listening: Listen to an interview Listen to a talk about healthy food Listen to a conversation Listen for gist Speaking: Discussion about health Discuss sports in the UAE Discuss sleeping habits Giving advice	Defining and non- defining relative clauses Present and past passive Verbs that change meaning with gerunds and infinitives its as a possessive determiner; Expressions for giving advice Compound adjectives; expressions to describe chances and possibilities in the future Expressions to highlight key information	Health Wellness Healthcare	Give advice on restaurants and dishes to eat Write about the advantages and disadvantages of taking medication
Unit 7 21st century citizens Pages 76–87	Ambition at work Starting your own business Our online image 21st century skills CVs and recruitment Unusual jobs	Listening: Listen to a discussion about jobs Listen for information Listen to identify job types from their descriptions Speaking: Discuss what you can do to have a successful career Identify modals to use in particular situations Discuss ideas for a start-up business Take part in a debate Discuss social networking sites Make a presentation Discuss the pros and cons of a job	Modal verbs Present simple and present continuous Phrases of agreement and disagreement Second conditional	Job types Social networking sites Skills	Identify verbs Tips for using social networking sites Making a positive and negative argument Using adverbs New skills Complete a CV Write a business plan

ν

Calling Planet Earth

Lessons 1-2 What's out there?

1 Look at the clues and complete the crossword. Two words are separated by



Across

- 3 people trained to travel to space
- 5 an artificial body placed around a planet, usually to collect information or for communication
- 6 the part of the universe near the sun including the sun, eight planets and their moons

Down

- 1 Earth, Mars, Neptune and Jupiter are all examples of this word
- 2 the power that attracts bodies to the centre of the earth
- 4 the collection of billions of stars together that includes the solar system
- 2 Put these words in order from smallest to largest.

planet galaxy

solar system

•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	5 Calling Planet Earth
2																		

3	Practise	saying	these	words	with	your	partner.
---	----------	--------	-------	-------	------	------	----------

galaxy astronaut satellite gravity solar system planets

With your partner, underline the stressed syllable in each word.

4 Complete the paragraph with a word from the box.

There are eight ¹ _____ in the ² _____. These are all part of the ³ _____ that contains billions of stars, systems and lots of space dust. Not all planets have ⁴ _____ like the Earth, believe it or not – objects float on some other planets.

5 _____ travel to space to try to explore the different regions out there and to learn new information. Governments and space programmes send 6 _____ to discover new things about the fascinating world of space!

5 Complete the sentences by putting the verbs in the right form and choosing since or for.

- 1 Reem has _____ (work) in the company (since / for) she graduated.
- 2 He has _____ (live) here (since / for) three months.
- 3 They have ______ (be) in the meeting room (since / for) more than an hour.
- 4 I haven't _____ (see) him (since / for) last March.
- 5 She hasn't ______ (take) a holiday (since / for) two years.

Lessons 3–4 Our beautiful planet

1 Complete the table with the words in the box. Can you add some more words of your own?

glacier rainforest beach waterfall creek wood mountain thermal spring peninsula island swamp desert oasis sea coral reef ocean sand dune volcano lake fjord jungle waterway

Land	Water
jungle	fjord

- 2 Choose the best synonym for each word.
- 1 several
 - a a few
- b a lot
- c some

- 2 peninsula
 - a island
- **b** headland
- c desert

- 3 river
 - a waterway
- **b** lake
- c swamp

- 4 stunning
 - a important
- **b** impressive
- c ordinary

- 5 coastline
 - a shore
- **b** land
- c edge

- 6 tour
 - a holiday
- b run
- c walk

3 Write sentences using the correct quantifier. Sometimes more than one answer is possible.

a lot of a piece of a few a bit of a large amount of lots of plenty of a wealth of

- 1 The Arabian Desert is the largest sand desert in the world. There is/sand.
 There is a lot of sand.
- 2 There was a bit of sunshine this morning. We had/sunshine
- 3 Al Ain has many date palms. There are/date palms
- 4 Norway has hundreds of glaciers. There are/glaciers
- 5 All the guides have been working here for years. They have/experience
- 6 Listen to the forest ranger. He has/advice
- 7 This river turtle lays five or six eggs. She lays/eggs
- 8 Near the coast are hundreds of little islands. There are/islands
- 4 Read about Italy. Then rewrite the text replacing the highlighted word(s) with a suitable synonym.

Italy is a long, boot-shaped peninsula in the Mediterranean Sea. It has a stunning coastline of over 7000 kilometres and some large islands including Sicily, Sardinia and Elba. The largest active volcano in Europe, Mount Etna, is in Sicily.

There are several mountain ranges in Italy – the Alps in the north and the Apennines which run from north to south through the whole country. Between the Alps and the Apennines the River Po flows. The Po is one of the most important rivers in the country. Another is the River Tiber which flows through the capital, Rome.

Italy also has numerous lakes, most in the north of the country. The biggest is Lake Garda. The scenery is magnificent and it is very popular with tourists.

Lessons 5-6 Geography of the world

1 Look at the underlined words in the paragraph and replace each one with one of the words from the box.

Geography is a very interesting subject. By reading about countries, you get to imagine living in different 1 weather conditions around the world.

freezing cold or 2 hot and humid. You can also imagine meeting.

Tesidents of strange and new places. You can go on adventures to faraway new places, like 4 jungles. You can even dream about jumping off.

Steep rocks into the sea, and reaching high 6 mountain tops.

2 Practise saying the words in the box with your partner.

climate peninsula inhabitants forests tropical

Now underline the stressed syllable in each word.





5 Calling Planet Earth

3 Complete the sentences using the words from the box (there is one extra word).

3 The Arabian ______is surrounded by water on three sides.

4 The highest mountain _____ in the world is Mount Everest.

5 It's sad to see so many ______ disappear. People are cutting down all the trees for making paper and furniture.

6 Some people like to dive into the water from high ______. I think it's a very dangerous hobby!

4 Look at the prepositions and choose the correct one for each sentence. There are two that you do not need to use.

with by from to along in between

1 The city is surrounded _____ mountains.

2 The Nile river starts _____ Ethiopia.

3 The town stretches ______ the coast.

4 The valley lies _____ two hills.

5 Jordan has borders _____ Iraq and Saudi Arabia.

Lessons 7-8 The animal kingdom

 Using the clues below, complete the crossword with animal body parts from the listening.
 Use the words in the box to help you.

talons	teeth	wings	hoof	fins	tail
	feather	horns	fur	lungs	

3 4 5 6 7

Down

- 1 Hard white objects in the mouth used for eating and chewing food
- 2 Soft thick hair that grows on the body of many mammals
- 5 Small flat organs that stick out of the body which are used to swim
- 7 Two internal organs used for breathing

Across

- 1 A long body part that grows at the end of the animal's body and is used for balance
- 3 A long hard stem with very light, soft hairs on either side that covers the body of birds
- 4 The hard covering on the front of an animal's foot
- 6 The hooked claws on the feet of a bird of prey
- 8 Hard pointed growths on the top of the animal's head
- 9 Two limbs on a bird's body used for flying
- 2 Read the sentences taken from the audioscript of track 17 below and underline the ways the speaker gives examples. The first one has been done for you.
- 1 But did you know that in the Arabian Gulf we have a rich mixture of whale species, <u>such as</u> the Blue Whale ...
- 2 This makes whales easy to spot, especially as you can hear the sound of a whale blowing before you see it break the surface.
- 3 ... there are some incredible moments; for example, seeing their huge fins and those massive teeth.
- 4 ... it can adapt to the harsh climate for instance, it can go without water for days ...
- 5 Read through the whole audioscript and find the four words that collocate with the word example.

'some ______ examples' (speaker 1)

'other _____ examples' (speaker 1)

'A ____ example' (speaker 2)

'An _____ example' (speaker 3)

- 3 Each of the sentences below contains common errors when giving examples. Correct them.
- 1 There are numerous examples such of the Humpback Whale and the Fin Whale in Emirati waters.
- 2 A example notable of the success of the falcon hospital is the growing numbers of birds they treat each year.
- 3 Some species of wildlife are hunted for their horns and fur, for instances the oryx and the leopard.
- 4 Tourists come to the UAE to see the wildlife in its natural habitat, expecially the Arabian Oryx.
- 4 In each of the following pairs, one sentence is a general statement and the other is an example. Write (G) for General Statement or (E) for Example next to each sentence.
- a Whales are intelligent mammals.
 - b They can communicate to each other through sounds that travel through the water. _____
- 2 a Falcons receive a level of care and attention normally reserved for family members.
 - b Falcons are revered birds in the Emirates.
- 3 a The Oryx has increased in numbers over the last 15 years.
 - b Conservationists at Sir Bani Yas Island have reintroduced the Oryx to the wild.

Rewrite the sentences in your notebook linking each pair of sentences together.

Whales are intelligent mammals; for example, they can communicate to each other through sounds that travel through the water.

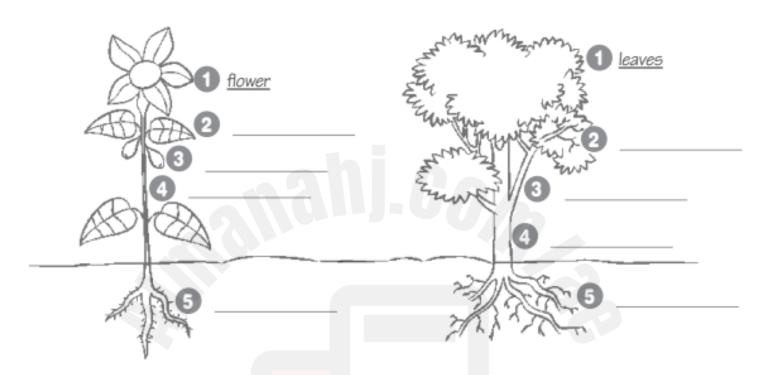
- 5 Match the multiword verbs below with their meaning.
- 1 To get close (speaker 1)
- 2 To be hunted to extinction (speaker 2)
- 3 To roam free (speaker 2)
- 4 To spring to mind (speaker 2)
- 5 To come full circle (speaker 3)
- 6 To create a bond (speaker 3)

- a to feel a connection
- b to have a sense of completion
- c the entire species is killed
- d to be near something
- e to walk where you want
- f to have an idea

Lessons 9-10 Plant life

1 Label the two diagrams with the words in the box. One word can be used twice.

twig leaf fruit branch root flower trunk stem leaves



2 Choose the correct pronoun for answers 1 to 6.

People have recognised the importance of plants in medicine for a long time. ¹ Many / Either have very specific uses, for example the seeds of garat (Acacia nilotica) are used to help heal burns, and the desert squash and the senna plant have been used in traditional medicine for years. ² Many / Both are still used regularly today by people who believe this type of medicine is safer and healthier than modern medicine.

A popular remedy for toothache is ginger or clove. ³ **Several / Either** will help for a short time, although

a visit to the dentist is usually necessary if the pain is very bad.

Plants can also be used to make colour dyes. Henna and indigo are probably the most well-known – henna to decorate hands and feet, and indigo, traditionally used to colour blue jeans. Both plants are found in hot countries as 4 each / neither will grow in cold conditions. Henna leaves can also be used to help headaches. 5 Several / Each are wrapped in a cloth and put onto the forehead to ease the pain.

Plants play an important role in our lives. 6 **Each / Neither** has a purpose and they must all be protected.

3 21st Read the text and complete the notes.

Good and bad news for plants in the UAE!

Many scientists believe that the Middle East will have less and less rain in the future, which could be bad news for the local ecosystem. Plants need water to survive and animals and people need plants.

Yet there may be no need to worry. Researchers have discovered that plants in the Middle East are extremely tough and will be able to cope with climate change in the future. The researchers have found that some plants have survived without water for more than seven years, and that plants in arid regions are not as sensitive to climate change as we thought. One possible reason is that these plants have never had regular amounts of rain, so are able to adjust to even less annual rainfall.

The bad news for plants is grazing, or overgrazing, by camels and goats. There are now so many camels and goats that many shrubs, even ones with thorns, are disappearing. In fact, it seems that only annual plants can survive the grazing, as long as the seeds aren't all eaten.

'Fencing off land to stop the camels is not the best solution,' according to David Gallacher, assistant professor at Zayed University. The solution he believes could be having more nature reserves like the ones we already have for oryx and gazelles.

Plants very ² Plants live for	3 or more	with no rain
I MITUS IIVE IOI		WIDITIOTAIL
F	_is problem	
Too many ⁵		
5	_disappearing. Only 7_	survive
Possible soluti	on. 8	

Use your	completed notes to write a sumr	nary of the article.
		9/,
	6/2	

- 5 In groups, research one of these topics. Then present your ideas to the class.
- plants found in or near the sea
- · plants used for medicine
- · plants which have disappeared or will disappear soon.

Lessons 11–12 Our precious resources

1 Find these words from the text (the number in brackets is the paragraph number).

Y	F	D	Н	Ν	R	R	Ν	S	G	L	Н	V	L	Ν
Р	0	Μ	С	Ι	Χ	О	Т	Е	Α	Μ	F	С	U	Q
Р	S	С	Q	В	Υ	Ν	0	Α	Z	G	Р	0	Υ	K
D	V	S	Y	J	Υ	Т	Z	Ι	Y	В	S	K	В	Υ
Y	Ι	U	М	J	Н	Ι	Ι	О	G	Е	Ι	K	Ι	K
Х	Х	Ι	Е	Е	T	K	Е	Q	0	Ι	U	Р	Х	F
G	Ι	Т	R	Z	L	Q	Ι	N	Х	Z	В	G	V	D
Α	D	Μ	С	Y	U	Н	A	Х	G	Р	Е	S	X	N
С	Α	О	D	D	L	C	Т	J	F	D	Z	V	R	Р
L	Α	Ι	Y	Χ	L	R	U	N	0	U	Т	G	P	L
L	U	Y	U	0	I	W	Q	F	V	Μ	U	W	W	L
R	D	Ν	V	P	G	О	Z	Z	Х	F	K	С	W	U
О	Н	N	L	G	Ι	А	N	Т	S	Ι	Z	Е	В	R
D	R	N	В	V	J	I	V	G	Ι	L	U	О	Х	Н
Q	Χ	K	P	M	Н	О	Т	Т	U	D	S	V	G	В

coal (1) run out (1) geothermal (3) giant-size (3) volcanoes (3) toxic (4)

Look at the words from the text and match them with the correct meaning.

- 1 a black or brown rock found in nature and used to create energy
- 2 very big
- 3 mountains that have hot rock pieces inside them
- 4 harmful or containing poison
- 5 finish and be used up
- 6 coming from the internal heat of the earth

2 Look at the sentences that contain the words and find their parts of speech.

n = noun v = verb

adj = adjective adv = adverb

volcano

- 1 coal (1)
- 2 run out (1)
- 3 geothermal (3)
- 4 giant-size (3)
- 5 volcanoes (3)

toxic

- 6 toxic (4)
- 3 Use the words from the box to complete the sentences. (There is one extra word that you do not need to use.)

geothermal

giant-size

Some cleaning supplies used in factories can be ______ if you smell them! You shouldn't use them at home.

2 We're going to ______ of soap, we only have a little left.

run out

coal

- 3 Mount Kilimanjaro is actually a sleeping _____; that's why lots of people can climb it today.
- 4 ______ energy also produces hot water springs coming from inside the earth.
- 5 When I visited a forest last year on holiday, I saw a ______ tree it was over 70 metres high.
- 4 Look at the sentences and underline the parts of the sentences that you can replace with it.
- 1 Travelling abroad was difficult and expensive in the 1950s, but nowadays, there are more airlines and better technology, which makes travelling abroad much cheaper.
- 2 Some schools teach their students about astronomy, which makes astronomy a much more familiar topic for our children.
- 3 Every time I travel by boat or ship, I get very sick, which makes sea travel impossible for me.
- 4 When trying to expand their businesses, there are now new laws about how many factories a company can open. This makes expanding businesses very challenging.

Fitness for life

Lessons 1-2 Health and wellness in the UAE

1 Look at the clues and complete the crossword puzzle. Two words are separated by

Across

- exposed to harm or danger (2 words)
- 6 a school subject that includes exercise (2 words)

Down

- 1 a series of activities e.g. to help people stop smoking (2 words)
- 2 the average period that a person is expected to live (2 words)
- 3 the action of stopping something before it happens
- 4 the condition of being overweight
- 5 A disease or virus, e.g. the flu.
- 7 to test for a disease or illness
- 2 Practise saying these words with your partner.

at risk illness awareness campaign obesity life expectancy prevention

With your partner, underline the stressed syllable or word in each word/phrase.

Complete the paragraph with a word from the box. There are some extra words	3	Complete the paragraph with a word from the box. There are some extra wo	rds.
---	---	--	------

at risk	illness	awareness campaign	obesity
life expectancy	screen	prevention	physical education

Children today are not exercising as they did in the past; they spend hours watching TV or playing							
video games. This leads to weight-gain and puts children 1of							
2, because the	y're not burning the calories they take in. We need to change this						
quickly through 3	; we should not wait till the problem starts and then try to fix						
it. Starting an 4	is useful, however it's not enough. If a child seems unhealthy,						
they should undergo a health 5_	If we don't promote healthy habits, the 6						
of the population could drop.							

4 Add the correct relative pronoun in each sentence.

	who	where	which	when	-00/2
1	I met a woma	nn	car	n speak six	languages.
2	The hospital	near my ho	use,	I	my sister works, is very good.
3	Call me after	eight,		I finish my	y meeting.
4	The room		has the	medication	is usually very cold.
5	What's the na	me of the	new teacher		teaches 4th grade?
6	Have you see	n the keys		were	on the table?
7	The first scho	ol I ever w	ent to,		I met my best friends, is still the
5	Tain the cont	A. 2		···· -1	

5 Join the sentences by creating relative clauses using relative pronouns.

2 The bus hit a tree. It was going very fast.

I have a friend. She lives in Oman.

- 3 My mother has a PhD in Computer Science. She started her own company.
- 4 This is the hospital. I was born here.
- 5 This is the shop. It is selling things at half price.
- 6 They broke the printer. The printer belonged to our office.

Lessons 3-4 Health comes first

Nouns

1 Match the words from the article to their definitions.

	treatment sauna meditation attractive affordable nutritionist spring healing motivated
1	a professional who gives people advice about food.
2	something that can make pain go away or an injury get better.
3	a room filled with very hot steam where people can sit.
4	something that seems pleasing and interesting.
5	the use of medicine or other techniques to make a person feel better.
6	a place where water flows out from the ground.
7	someone who really wants to do something and doesn't give up.
8	something that's not expensive.

Adjecticves



6 Fitness for life Change these sentences into the active or passive voice. They hired my brother as a nutritionist. My brother was hired as a nutritionist. 2 The visitors rented bicycles at the resort. 3 The spa is visited by hundreds of people every week. 4 They booked a spa holiday. 5 Children are not allowed in this health resort. 3 Complete the text using the words in the box. health facilities injury sauna muscle one-day staff spring Last week was my first time visiting a 1 Spa and I was quite nervous. I didn't know what to expect. It was a 2 ___ visit and when my mum and I arrived at the reception, we had to complete a 3 _questionnaire. You know, things like whether I had or bone problems, if I had recently had an 5 _, that type of thing. After that, we went into the changing rooms where we were given a robe. A member of then showed us around the spa 7_ The first thing I did was go into the 8 I only stayed a few minutes because it was just too hot for me. After that, I spent some time in the pool. The water came from a natural and it was lovely and warm. Before we left, we had some tea in the sitting area. I was so relaxed when I got home and didn't feel like doing anything! Hope I can go again soon. Write a description of a relaxing place in the UAE that you discussed with your partner. Write at least three paragraphs.

Think about:

- a strong heading
- a topic sentence for each paragraph
- · using the passive voice.

Lessons 5–6 **A healthy eating journey**

1 Match the words with their meanings or pictures.

1 syrup	a the parts of the body that fight diseases and illness
2 pastry	b the parts of the body that take the useful parts of
	the food we eat and get rid of the parts that aren't
	needed
3 chickpeas	c C
4 cardamom	d the parts of food that help muscles grow
5 ginger	e a deep dish used to eat soup
6 bowl	f a thick and usually sweet liquid
7 protein	g
8 digestive system	h a mix of flour, water and oil used for making pies, pastries and desserts
9 immune system	

2 Practise saying the words in the box with your partner.

immune	digestive	cardamom	ginger	
protein	chickpeas	pastry	syrup	

Now underline the stressed syllables with your partner.

3 Complete the sentences using the words from the box.

	immune system digestive	system	cardamom	ginger
	protein chickpeas	pastries	syrup	bowl
1	Chinese and Japanese dishes usually cor	ntain a lot of		
2	Hummus is made from			
3	You can have soup or cereal in a			
4	Rgag is usually covered with date			
5	Arabic coffee has a mix of spices including	ng		
6	Beans and meat have a lot of	in th	em.	
7	You need to have a strong	or else y	vou'll get ill ver	y often.
8	Eating a lot of fruit and vegetables helps and fibres in them.	improve yo	ur	because of the
9	I love having for break	cfast, filled w	rith jam.	
4	Put the verbs in brackets in the correct	ct form dep	ending on the	meaning of the se
	or example: Forgot to deliver <u>Or</u> Forgot del			
	She forgot (read) the limany times.			
2	I forgot (close) the doc cat inside.	or before lea	ving my house	-I came back and f
3	I stopped (smoke) after	er I found ou	t how unhealt	hy it was.
4	I was very thirsty during the basketball r water.	match, so I st	topped (drink)	So
5	I tried (eat) raw fish fo	or the first tir	ne last week ar	nd I loved it!
6	Do you even remember (buy)	this	bag?	
7	Does she remember (walk)	in her	sleep?	
8	I'm very proud of myself. I actually reme shopping list! Something I can never do		y)	all the items o

Lessons 7–8 **Technology and fitness**

- 1 Choose one of the fitness gadgets below. Write a paragraph explaining how it works and why you find it useful (or not).

fitness leggings
fitness headphones
The state of the s
 running/cycling phone app



2 What do you think is the difference between its and it's? Underline the six examples of its in the audioscript. Put a circle around the six examples of it's in the audio-script.

Its is used to show possession:

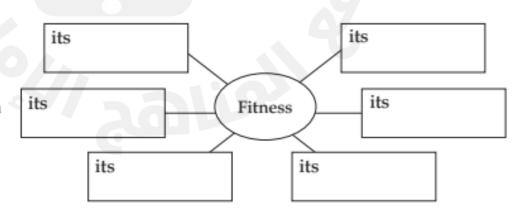
☐ true ☐ false

In this script, it's is an abbreviation for:

it and Dis

 \square has

For each underlined example of its, find the noun it refers to. Complete the spidergram to show the how its connects fitness to technology.



3 Choose the correct option between its and it's in each sentence.

- The dog picked up its / it's bone and ran away.
- 2 How beautiful, its / it's a full moon tonight.
- 3 OK, finish the report and email it to me when its / it's ready.
- 4 I dropped my smartphone and broke its / it's screen.
- 5 The company awarded its / it's senior manager a big bonus.
- 6 My smart watch seems slow today I'm not sure why its / it's not working very well.
- 7 The university is very proud of its / it's reputation for excellence in research.
- 8 The UAE is increasingly popular with tourists and its / it's investing heavily in the eco-tourism market.

4 Correct the mistakes with the possessive determiner.

- The body repairs my its cells during sleep.
- 2 When you stand on the scales, its weight appears on the screen.
- 3 Professor Morris joined Harvard Medical School at 26, becoming it's youngest professor.
- 4 Every fitness fan has got its opinion about which is the best fitness gadget.
- 5 We all have gadgets in its home that we no longer use.
- 6 As you move wearing the heart monitor, it's batteries get charged.

Choose the best option in each sentence to make the rules about its as a possessive determiner.

- a Possessive determiners are used/not used with other determiners.
- b Its is used to refer to inanimate objects/people.
- c Its and It's are the same/different in meaning.
- d We can/can't use its to refer to people.

Lessons 9-10 Science and medicine

1 Complete the sentences with a word from the box. There are two words you do not need.

treatment	cells	-genetic-	disease	laboratory	
stem	cure	hereditary	life-th	reatening	
	transfusion	donor	experime	nt	

- 1 Some people suffer from a genetic illness they get from their parents or grandparents.
- 2 The human body is made of billions of tiny ______.
- 3 I'm a blood ______. Every three months I give blood at our local hospital.
- 4 Nadia is a scientist. She works in a ______ every day.
- 5 My grandmother says that the best ______ for the flu is to drink hot lemon and honey.
- 6 Another word for an illness is a ______.
- 7 Eye colour is ______. My grandparents both have blue eyes, their children all had blue eyes and I have blue eyes too.
- 8 My aunt broke her leg and had to go to hospital for ______.
- 9 There aren't as many ______ illnesses nowadays. Modern medicine is so good that fewer people die.
- 10 He had a bad accident and had to have a blood ______.
- 2 Match the compound adjectives in the centre with the appropriate nouns. You can use the adjectives more than once.

technology medicine plan organisation illness drugs design equipment

state-of-the-art forward-thinking up-to-date cutting-edge life-threatening cell-based far-fetched idea laboratory research scientist disease therapy situation treatment 3 Put the linking words in the box under each heading. Then add more words of your own.

to conclude for example in comparison such as next nevertheless then besides for this reason also

Contrast	Add extra information	Give an example	Conclusion	To show the next step
however	in addition	for instance	to sum up	firstly
		ahj.g		

Α	n 1	41					24			
4	Kead	the	essav	question	again	and	write	vour	essav	J.,
-		****		-	- D			1		/ -

Medical	research	is verv	expensive	and i	not a	good	way	to s	nend	money.	Discuss	٤.
wicuicai	researen	is very	expensive	and	not a	good	way	to s	pena	money.	Discuss	۶.

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Lessons 11–12 **Doctor, doctor**

1 Match the words with the meanings below.

chronic disease

- a available to buy from the pharmacy without a doctor's advice
- b painful or aching
- c medication in the form of small solid shapes
- d a homemade solution for an illness
- e a disease that lasts longer than three months
- f tell a patient to use a medication _____
- g small living things that cause diseases
- h a liquid used to kill germs
- i the amount of energy you can get from food

2 Find these words in the text on page 172 of the Coursebook. Then tick the correct column in the table.

	noun	adjective	verb	adverb
calories				
disinfectant				
germs				
pills				
sore				
remedy				
prescribe		hio		

3 Complete the sentences using the words in the box. (There is one extra word that you don't need to use.)

calories chronic disease over-the-counter sore remedy germs prescribe pills 1 It's better to eat an apple than a chocolate bar – it is healthier and has fewer _ for a bad cough: drink ginger tea! 2 I know the best home _____ 3 She hurt herself while running at the gym last week. Her body is still _ 4 It's dangerous to leave near children. They might think they're sweets. 5 Some countries don't allow the sale of medication for children. too much medication for children younger than two years. 6 Doctors shouldn't 7 You need to cover your mouth when you sneeze, or else all the _ will spread. 4 Complete the sentences using bound to, more likely to or less likely to. 1 If you keep eating fried foods and lots of dessert every day, you are _ gain weight. 2 If you exercise regularly for a short period of time, you are get tired from regular daily activities. 3 I can't believe she jumped into the swimming pool in the middle of winter! She's _ get sick!

4 If you take medication every time you feel ill, you will be ______ have a weak immune system.

5 Children are very good at learning on their own. If they are around people speaking another

language for some time, they are _____ learn it.



Lessons 1–2 Today's entrepreneurs

Complete the texts below with words from the box.

ambitious part-time experience career prospects work placement retire field

- 1 My name is Maitha, I'm 23 years old and I'm in my last year of college. I'm studying Health Science because I like helping people and I hope to work in a hospital in the future. Before I graduate, I'm going to spend a month on a 1______ at Al Maktoom Clinic so I can get some 2_____. This is important if I want to improve my chances to find a good job in my 3_____ and increase my 4____.
 2 I'm Mohamed and I'm 55. I've worked hard all my life so now it's time to 5_____. I've always enjoyed what I've done. When I was at university, I worked and studied at the same time. It was only a 6_____ job because I needed time to attend classes and prepare for my exams. But I knew what I wanted from the start and I was very 7____.
- 2 Now choose three words and make sentences of your own.
- 1 0.005
- 3

help / you / me / to / Would / do / that / like / you / ?
neip/you/me/to/would/do/that/like/you/:
kindly / telephone number / your / me / you / Could / give / ?
you / successful / have / must / hard / career / if / want / You / to / a / work
could / done / professionally / I've / I / all
but / three / I / enough / speak / doesn't / be / languages / that / to / seem / can
because / I / to / when / I / a / I / for / couldn't / had / student / study / my / work / was / exams
Complete the text below with an appropriate modal verb.
Complete the text below with an appropriate modal verb. My name is Ali. Before this year, I 1 (not) buy many things because I did not have a job. But now that I have finished college and have a job, I 2 finally buy a
Complete the text below with an appropriate modal verb. My name is Ali. Before this year, I 1 (not) buy many things because I did not have a job. But now that I have finished college and have a job, I 2 finally buy a car. It wasn't easy to find a job because I didn't have any experience, but I 3 work
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Complete the text below with an appropriate modal verb. My name is Ali. Before this year, I ¹ (not) buy many things because I did not have a job. But now that I have finished college and have a job, I ² finally buy a car. It wasn't easy to find a job because I didn't have any experience, but I ³ work until now because I had to study! One day I was feeling very sad, so my father said,"⁴ you like me to help you find work?"He added,"I know someone who is looking for young
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Complete the text below with an appropriate modal verb. My name is Ali. Before this year, I ¹ (not) buy many things because I did not have a job. But now that I have finished college and have a job, I ² finally buy a car. It wasn't easy to find a job because I didn't have any experience, but I ³ worl until now because I had to study! One day I was feeling very sad, so my father said, "⁴ you like me to help you find work?"He added, "I know someone who is looking for young graduates to work in his company. I ⁵ guarantee you will get the job, but I can introduce you to him."So I went to see his friend, Mr Salem, and the first thing he asked me w what software I ⁶ use. Fortunately, I love computers and I ʔ do lot

Lessons 3–4 **Start-ups**

1 The words below are from the text on Coursebook page 176. Match them to the correct definition.

	feature c	community	founder	innovator	device	valuable	face-to-face
1	a group of people nationality	living in one	particular a	rea or people o	connected	by common	interests or
2	an object, usually t	technological	, which is u	sed for a partio	cular funct	ion	
3	describes an object	t that is wortl	h a lot				
4	a way of communicating where you can see the person you are speaking to						
5	a person who starts a business						
6	a person who has	original ideas					
7	a characteristic or	function					

2 Now complete this text using five of the words above.

so you want to have a start-up of your own? Fo	or example, there are lots of apps on our
today, but there's always room	for a great idea! It's obviously important to
be creative and think outside the box like a true	but it's just as important
to consider the real world around you, even you	ur local ³ You'll probably find that
there is something missing which could make l	ife easier or better for everyone. The important
thing is to let everyone know about your idea, a	and that doesn't mean knocking on everyone's
door for a 4 presentation. You can	use social media and, if your idea is good,
soon your start-up will become a 5	_ part of everyone's life.

2 2 1st century citizens

3 Complete these sentences with either the present simple or the present continuous.
1 We normally ________ (hold) our meetings every Monday, but this week we _______ (have) it on Tuesday.
2 Although people usually _______ (think) start-ups are only for experienced business people, my teenage cousin ______ (launch) a start-up of his own this month.
3 My sister ______ (work) for a student magazine. At the moment, she ______ (write) about start-ups in the UAE.
4 The founder of KinTrans ______ (want) to help people with hearing difficulties, and he ______ (do) that by making his device even better this year.
5 Many young people ______ (look for) work nowadays so they ______ (need) an app like InternsME.

4 Complete the ad below with either the present simple or the present continuous form of the verbs in the box.

Join our start-up!

We _are_1 (be) an exciting new start-up. We _____2 (offer) our users independent reviews of the best restaurants in Dubai and the Northern Emirates. We _____3 (look) young people who can try the new places to eat and tell us about them. We currently _____4 (have) five reviewers but we _____5 (grow) fast so we _____6 (need) to find more people to join us. How about you?

Lessons 5-6 Our online image

1 Look at the text on Coursebook page 178. Can you find the words to match the definitions?

- 1 j _____ someone looking for work
- 2 e _____ someone who offers a job
- 3 r______ to turn down
- 4 b _____ the way you act
- 5 i _____ the way you show yourself or others see you
- 6 p _____ the opposite of private
- 7 p______ to advertise or try to sell
- 8 s_____n__s ____a website or app through which people can communicate

2 Now summarise the article you read on Coursebook page 178 using the vocabulary above.

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•	• • • • • • • • • • • • • • •	7 21st century citizens
3	Match each sentence to the meaning expressed by the und	derlined modals in italics.
1	Jobseekers should be careful with their online posts.	a It is not necessary.
2	You have to show a positive image of yourself.	b It is a good idea.
3	You mustn't use bad language in public messages.	c It is necessary.
4	You don't have to make all your posts public.	d It is not allowed.
4	Rewrite these sentences using an appropriate modal to rep	place the <u>underlined</u> words.
1	If you want your image to be positive, it is necessary to choose wh	hat you post carefully.
	If you want your image to be positive,	
2	It is a good idea to ask a friend what they think of your online im-	age.
	You	
3	One of the good things about online networking sites is that it is	not necessary to make all your
	posts public.	
	One of the good things about online networking sites is that	
4	It is not necessary for employers to check jobseekers' social media	pages, but many do.
	Employers	
5	If your site is public, don't post silly pictures.	
	If your site is public, you	

Lessons 7-8 It's all in the skills

- 1 Look at the situations below. Which skill does each person demonstrate? Choose the correct skill from Coursebook page 180.
- 1 Amer works hard at his job, and often works late to get the job done. The problem is, he keeps missing deadlines. So he thinks about what he does each day and he also asks a colleague for help. He starts to see some solutions. For example, he makes a template to write reports rather than start from scratch every time; he reads and deals with important emails first; he organises his tasks and sets himself time limits.
- 2 Every month Mouna is responsible for presenting a sales report to her colleagues, but they don't seem very interested in her work. So, she decides to present the information in new ways. She turns one of her presentations into a quiz. For another presentation, she uses movie-making software and presents the statistics in a video.
- 3 Hana is head of the sales department and they often have new staff join the team. It's important for salespeople to be friendly and cheerful with clients so Hana makes sure she always has a face to face meeting with new employees to make them feel at home. She asks them how they're settling in their new job and listens to any questions or concerns they might have so she can see things from their point of view.
- 2 Choose one of the skills. Write a situation below which describes someone demonstrating this skill.

thinking outside the box working collaboratively handling challenges or difficulties
getting a better understanding of a situation being original and innovative
thinking ahead getting the best out of something/someone

3 Read the email below from someone who needs help improving their skills. Write a reply advising them to update their skills set. Remember to include the skills that they need and how they can achieve them.

999		
То		
From	m [
Subje	oject	
Hithe	there!	

I'm doing some voluntary work in a charity shop to get some work experience before I go to college, but it's not going very well. First of all, I'm struggling to get on well with my team. We're supposed to work together, but some of the other volunteers are so slow and do things all wrong that I get frustrated. It's easier to just do it myself, but they get upset about this and doing everything is making me really tired! I prefer to help sort out the donations that we receive rather than serving customers. I did this task once and a customer was incredibly rude to me that I almost started crying. Now I avoid it completely by making myself busy with tasks in the back room. Each week, one volunteer has to take on the role of team leader. So far, I've made up an excuse not to be team leader because I'm terrified of having to talk to all the other volunteers at the beginning of each day and I'm worried about having so much responsibility.

I really don't want to give up this work, but I feel like that is the only option.

333		
То		
From Subject		
Subject		
	>	

Lessons 9-10 You're hired!

- 1 Look at the article on page 182 in the Coursebook. Find a word for each definition.
- A font style used to make letters stand out.
- 2 Not very long ago.
- 3 The way a document is organised on a page.
- 4 The title of each section of a CV.
- 5 Using too many words.
- 6 A selected number of people who are considered for a job.
- 7 When you describe something or someone with less value than they are worth.
- 2 Now write sentences of your own using three of the words above.
- 1
- 2
- 9095 9094
- 3 Write the correct CV heading for each item.
- 1 ______ 2011: IELTS Certificate (Academic) Band 8.
- 2 ______ Organised 'Diabetes Awareness Week' at my school.
- 3 Excellent Urdu and some Hindi.
- 4 _____ Reading and sports.
- 5 _____ahabtoor@newmail.com

4 Read Aisha's email and help her write her CV.

From	ahabtoor@newmail.com	
То	info@careershelp.co	
Subject	CV help	

Hi,

My name's Aisha Habtoor and I want to write my CV but I don't know how! I live in Ras AI Khaimah with my parents and 3 brothers. I'm in Grade 11 at Fatma High School and I love travelling. I even learned some Chinese so I can visit China one day! I'm very good at school and last year I won a poetry competition. I'm also a very good swimmer and last summer I taught young girls how to swim at our local sports club. It was just volunteer work but it was a great experience.

So, can you help me write my CV?

Thanks a million!

Aisha

Aisha Habtoor	
Personal details	
Education	2024
Experience	
Achievements	
Skills	
Interests	
Referees	

5 Try writing your own CV! Use the layout and headings above to help you.

Writing tip

CVs are different from essays. For example, you can use bullets and short phrases with no subject. For example:

Hobbies and Interests

Hike Reading about web and graphic design

Lessons 11–12 **Unusual 21st century jobs**



- 1 Look at the article on Coursebook pages 184 and 185 about unusual jobs. What do the words below mean?
- 1 options
 - a choices

b salaries

c places

- 2 conventional
 - a well-paid

b unusual

c normal

- 3 accessories
 - a handbags, scarves and hats
- b make-up and perfume
- c food and drink

- 4 demanding
 - a offering a service
- b asking many questions
- expecting high standards

- 5 fashion-conscious

 - a you don't care about fashion b you care about fashion
- c you don't know about fashion

- 6 criteria
 - a diplomas

b interviews

c requirements

- 7 reliable
 - a intelligent

b artistic

c dependable

- 8 one-off
 - a ialways

b sometimes

c a single time

- 9 voluntary
 - a unpaid

b paid

c difficult

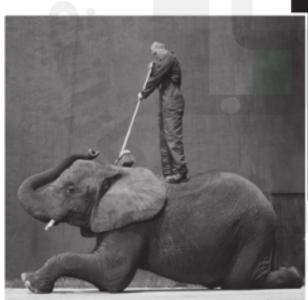
- 10 rates
 - a payments

b gifts

c references

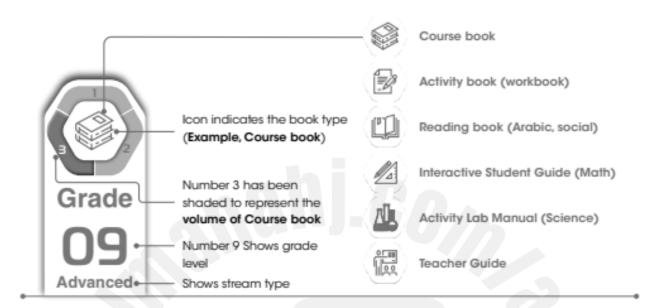
- 2 Change the verbs below to write sentences in the second conditional.
- 1 If I _____ (can) choose, I ____ (work) as a perfume tester.
- 2 You ______ (meet) some very important people if you _____ (get) a job as a personal shopper.
- 3 I don't think you _____ (earn) much money as a storyteller, but you _____ (make) children happy!
- 4 You _____ (can/not) tell people about your job if you _____ (be) a mystery shopper.
- 5 I _____ (have) fun if I _____ (do) voice-overs; plus I _____ (get) to watch films before everyone else.
- Write a description of an unusual job. You can use the pictures below to help you or think of a job yourself. Mention the pros and cons of the job, but not what you actually have to do or the name of the job. Can your friends guess the job?

In this job, you would be outdoors and surrounded by nature. You could smell the flowers and grass, especially when it's freshly cut. However, it could get hot in summer and the mosquitoes could be nasty!



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