شكراً لتحميلك هذا الملف من موقع المناهج الإماراتية المناهج الإماراتية

مراجعة الوحدة الخامسة Promotion Health

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر ← علوم صحية ← الفصل الثاني ← الملف

عشر	سب الصف الحادي	مل الاجتماعي بحم	التواص
رام	اد <i>ي</i> عشر على تلغ	بط مواد الصف الح	روا
الرياضيات	اللغة الانحليزية	اللغة العربية	التربية الاسلامية

عشر والمادة علوم صحية في الفصل الثاني	المزيد من الملفات بحسب الصف الحادي
حل مذكرة نهائية شاملة	1
مراجعة سؤال وجواب	2
مراجعة شاملة نهائية	3
حل أسئلة الامتحان النهائي - العام	4
نموذج الهيكل الوزاري - المتقدم	5

Baraem Al Ain Private School

All Classes, From KG to Grade 12, Boys & Girls Licence No. 130, 1985 - Baniyas



مدرسة براعم العين الخاصة مبع المراحل من الروفة حتى المرحلة الثانوية العامة بنين+ بنات ترخيص رقم: 130 لسنة 1985- بني ياس

Health sciences – Term 2 (2022 – 2023)

Revision – Unit 5 (Health Promotion)

Teacher: Arwa Abdelmoneim Elsir

2. Which health education approach provides one-to-one health education? 2. Public health aims to prevent a community or population from getting sick in the first place. (A) True (B) False Match the following health interventions to the correct pillar of health promotion. Pillar of health promotion Health intervention 1. Good governance 2. Healthy cities 3. Health literacy a) Displaying healthy eating posters in schools, malls and doctors' surgeries b) Creating a law that bans smoking indoors c) Organising a running competition in Abu Dhabi for all ages Which preventative medical approach aims to recognise a disease that is present but in its early stages? (A) Primary prevention (B) Secondary prevention (C) Tertiary prevention (D) Vaccination Which of the following best describes disease prevalence? (A) The total number of deaths from a disease		Whic	h health education approach uses the m	edia to reach a large amount of people?		
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(D) Vaccination Which of the following best describes disease prevalence? (A) The total number of deaths from a disease	5.					
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(A) The total number of deaths from a disease		(D)	Vaccination			
(A) The total number of deaths from a disease						
		Whic	T	-		
6. (B) The number of new cases of a disease within a population	6.			• •		
(C) The number of people within a population who have a specific disease		• •				
(D) The risk of getting a specific disease		(D)	The risk of getting a specific disease	•		

	In De	In December, the disease prevalence of Coronavirus was 16,480 and the disease			
	incidence was 8,500.				
	How many new cases of Coronavirus was there in December?				
7.	(A) 110,200				
	(B) 85,220				
	(C)	16,480			
	(D)	(D) 8,500			
	Nam	e three pieces of information	that should be included when planning a health		
	prom	notion campaign.			
_					
8.					
	3				
	\				
		Which of the following is a disease prevention strategy used by public health professionals?			
		I			
9.		(A) Health education			
	(B) Disinfection programmes				
	(C) Community vaccination (D) All of the above				
	(D)	All of the above			
	Healthcare professionals should educate nationts on how to properly manage their				
	Healthcare professionals should educate patients on how to properly manage their illness.				
10.	(A) True				
	(B)	False			
	(-)	1 4.00			
	Mat	ch the following approaches	to health education to their correct definition.		
		prooch to boolth advection	Definition		
	Approach to health education		Definition		
	Individual approach				
11	Group approach				
11.	Mass audience approach				
		a) When a medical professio	nal teaches a group of people		
	b) When the media is used to reach a large amount of people				
	c) One-to-one health education				

	Mat	ch the following words to their description.	
	11.00	the remember of their descriptions	
12.		Definition	
	Hea	alth promotion	
	Hea	alth education	
		a) An area of study	
		b) A type of advertisement	
		ch pillar of health promotion uses laws and policies to encourage healthy	
		aviours?	
13.	(A)	Good environments	
13.	(B)	Health literacy	
	(C)	Healthy cities	
	(D)	Good governance	
		ch preventative medical approach aims to stop a disease or injury before it	
		pens?	
14.	(A)	Primary prevention	
	(B)	Secondary prevention	
	(C)	Tertiary prevention	
	(D)	Treatment of disease	
	\A/bi	sh of the following is an example of secondary provention?	
		ch of the following is an example of secondary prevention? Health screening	
15.	(A)		
15.	(B) Vaccination against disease (C) Laws to keep people safe		
	(D) All of the above		
	(0)	741 Of the above	
	Nam	e one approach to health promotion.	
16.		·	
	Fill i	n the blanks.	
		deals with preventing disease and promoting health at a	
17.		munity or population level. This is done by or educating people	
Δ/.	abou	ut the of an unhealthy lifestyle.	
		a della dell	
		a. risks b. vaccinations c. public health	
	W/ha	t is the first thing that should be done when planning a health promotion	
		paign?	
	(A)	Target setting	
18.	(B)	Design materials and posters	
	(C)	Needs assessment	
	(C) (D)	Measure the results	
	(0)	ואוכמסטורב נווכ ובסטונס	

	\A/l=:	
		ch of the following is an example of building healthy public policy?
4.0	(A)	Changing the focus from treating diseases to preventing diseases
19.		Creating a law that says people must wear a seatbelt when in the car
	(C)	Planning a community fitness event for people to take part in
	(D)	Creating healthy environments for people to live in, such as parks for exercise
	Whi	ch approach to health promotion involves working on a one-to-one basis with
		ndividual and health professional?
	(A)	Socio-environmental approach
20.	(B)	Client-centred approach
	(C)	Educational approach
	(D)	Reorient health service approach
	(0)	Reolient Health Service approach
	Whi	ch of the following should be completed before planning a health
	pron	notion campaign?
	(A)	Health education
21.	(B)	Needs assessment
	(C)	Nutrition information labels
_	(D)	Basic first aid qualification
22.	Whie grou	ch approach to health education uses the media to reach large population ups?
22	grou	ng breast cancer awareness month, many hospitals and charities offer
22.	Duri free	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast
22	Duri free cand	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month?
	Duri free cano (A)	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January
	Duri free cand (A)	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September
	Duri free cano (A) (B) (C)	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October
22	Duri free cand (A)	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September
	Duri free cand (A) (B) (C) (D)	ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the
	Duri free cand (A) (B) (C) (D)	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion
23.	Duri free cand (A) (B) (C) (D)	ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the
23.	Duri free cand (A) (B) (C) (D)	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion
23.	Duri free cand (A) (B) (C) (D)	ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action
	Duri free cand (A) (B) (C) (D) The (A) (B) (C) (D)	ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education
23.	Duri free cand (A) (B) (C) (D) (B) (C) (D) Whide	ng breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education ch health promotion campaign aims to raise awareness of cardiovascular
23.	Duri free cand (A) (B) (C) (D) The (A) (B) (C) (D) Whide dise	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education ch health promotion campaign aims to raise awareness of cardiovascular ase and the risks associated with it?
23.	Duri free cand (A) (B) (C) (D) The (A) (B) (C) (D) Whide dise (A)	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education ch health promotion campaign aims to raise awareness of cardiovascular ase and the risks associated with it? Keep on Beating
23.	Duri free cand (A) (B) (C) (D) The (A) (B) (C) (D) Whide dise (A) (B)	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education ch health promotion campaign aims to raise awareness of cardiovascular ase and the risks associated with it? Keep on Beating Mention It
23.	Duri free cand (A) (B) (C) (D) The (A) (B) (C) (D) Whide dise (A)	Ing breast cancer awareness month, many hospitals and charities offer or discounted breast cancer screenings for women. When is breast cer awareness month? January September October December blue circle in the middle of the Ottawa Charter contains the three basic strategies for health promotion five main areas for action three pillars of health promotion approaches to health education ch health promotion campaign aims to raise awareness of cardiovascular ase and the risks associated with it? Keep on Beating

	Match the pillars of health promotion in the table with the correct examples listed below.
	Good governance Healthy cities
26.	3. Health literacy
	a. Building more cycle lanes in Abu Dhabib. A restaurant putting nutrition information on their menuc. Laws that ban the use of mobile phones while driving
	Which contemporary health problem in the UAE causes the largest number of deaths in people aged 25-34?
	(A) Non-communicable diseases
27.	(B) Road traffic accidents
	(C) Mental health (D) Poverty
	(D) Foverty
	Fill in the blanks in the following paragraph using the words from the table.
	incidence is theof people in a population that have a
	particular disease at atime. Disease is the number of
	cases of a disease within a population at a given time.
28.	sasse of a disease main a population at a given time.
	a. prevalence b. number c. new d. given e. Disease
	a. prevalence b. number c. new d. given e. Disease Name each of the three categories of the preventative medical approach.
29.	Name each of the three categories of the preventative medical approach.
29.	Name each of the three categories of the preventative medical approach. (i)
29.	Name each of the three categories of the preventative medical approach. (i) (ii)
29.	Name each of the three categories of the preventative medical approach. (i) (ii) (iii)
29.	Name each of the three categories of the preventative medical approach. (i) (ii) (iii) Which of the following headings would you find in the Ottawa Charter for Health promotion?
29.	Name each of the three categories of the preventative medical approach. (i)
29.	Name each of the three categories of the preventative medical approach. (i)

(A) Disease screening in hospitals (B) Adverts on social media to encourage healthy eating (C) Signs in malls about keeping a safe distance from others (D) Health Sciences lessons Which pillar of health promotion involves creating spaces in towns and cities that allow people to have healthier lifestyles? (A) Good governance 32. (B) Healthy cities (C) Health literacy (D) Client-centred Which approach to health promotion focuses on preventing diseases before they happen? (A) Behavioural change approach (D) Preventative medical approach (D) Preventative medical approach (D) Preventative medical approach 34. Markom health promotion campaign is divided into four main programmes, complete the title below by naming one of the four programmes. Markom for Match the approach of health education in the table with the correct description. 1. Individual approach 2. Group approach 3. Mass audience approach 3. Mass audience approach 3. Mass audience approach b. One-to-one health educator teaches a group of people about a healthtopic. Which of the following groups is responsible for health promotion? (A) Healthcare professionals (B) Schools (C) Governments (D) All of the options are correct		Which of the following is an example of health education?
Which pillar of health promotion involves creating spaces in towns and cities that allow people to have healthier lifestyles?		(A) Disease screening in hospitals
C Signs in malls about keeping a safe distance from others	21	(B) Adverts on social media to encourage healthy eating
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	Which of the following is a contemporary health problem?
	(A) Poverty
37.	(B) Mental health
	(C) Non-communicable diseases
	(D) All of the options are correct
	What two things are needed to be done before planning a health promotion campaign?
38.	(i)
50.	M.S.
	(ii)
	If a doctor does not teach their patient how to manage or prevent illnesses,
	what is likely to happen?
	(A) The patient is likely to be cured
39.	(B) The patient is likely to recover faster
	(C) The patient is likely to have future health problems
	(D) The patient is likely to manage their disease better
	, , , , , , , , , , , , , , , , , , , ,
	Teachers organised a sports day in your school for students in grades 9-12
	as part of a health promotion campaign. Who is the target audience that this
	campaign is aimed at?
	(A) The teachers
40.	(B) The students
	(C) The parents
	(D) The administration staff
	(b) The dammeration stan
	The UAE ministry of health and prevention used social media to educate the
	population on the different types of protective face masks that are available.
	Which approach to health education is this
	(A) Individual approach
41.	(B) Group approach
	(C) Mass audience approach
	(D) Singular approach
	In 0047 a law was smarted by the LIAF that alone it
	In 2017, a law was created in the UAE that states all passengers in the back
	seats of cars must wear a seat belt. Which pillar of health promotion does this
	belong to
42.	(A) Healthy cities
72.	(B) Good governance
	(C) Healthy literacy
	(D) None of the above
	The WHO greated a framework for health promotion. What is this framework

The WHO created a framework for health promotion. What is this framework called:

	(A) TI OU I I
	(A) The Ottawa charter
	(B) The Toronto guidelines
43.	(C) The Vancouver directions
	(D) The Montreal promise
	What is disease prevalence
	(A) The number of individuals within a population that have disease at given
	time
44.	(B) The number of individuals within a population that are being treated in
77.	hospitals and particular time
	(C) The number of new cases of particular disease within a population in a
	given time period (D) The number of new coope of all diseases within a negulation in a given
	(D) The number of new cases of all diseases within a population in a given time period
	junte penda
	The UAE government organized a health promotion campaign that that aimed
	to show people the risks of eating too many sugary foods and drinks. What
	was the name of this campaign
	(A) Beat the habit, fight extra sugar
44.	(B) Choose to vaccinate
	(C) Mention it
	(D) Have a healthy heart today
	(2) late a meaning meant today
	Identify which approach to health promotion is being described in the
	following statement: offering vaccinations and screenings for diseases so that
	people are protected before the disease happens
	(A) Behavioural change approach
45.	(B) Client-centered approach
	(C) Socio-environmental approach
	(D) Preventative medical approach
	Cleveland clinic Abu Dhabi organized a campaign called (Mention it). What
	was the aim of this campaign
	(A) To encourage men to talk about issues with a doctor no matter how mild
1.0	or serious they are
46.	(B) To raise awareness of cardiovascular diseases and the risk factors
	associated with it
	(C) To reduce the level of childhood obesity in the UAE
	(D) To advertise and promote regular breast cancer screening for women
	How many pillars of health promotion are there
	(A) 1
	(B) 2
47.	(C) 3
	(D) 4

	Which of the following example of health education
48.	(A) Health sciences lessons
	(B) Speaking to a nutritionist about the best vitamins to improve immunity
	(C) Attending a group information session for new mothers on caring for their babies
	(D) All of the above
	Which approach to health promotion focuses on preventing diseases before they happen and treat existing conditions to avoid further diseases
	(A) Educational approach
40	(B) Client-centered approach
49.	(C) Behavioral change approach
	(D) Preventative medical approach
	What is the name of the campaign organized by Cleveland Clinic Abu Dhabi
	with the goal of getting men to talk about their health issues with a doctor
	(A) Mention it
50.	(B) Keep on beating
50.	(C) Health heroes
	(D) Beat the habit
	The Keep on Beating campaign is a health promotion campaign for which
	organ of the body (A) The heart
51.	(B) The lungs
	(C) The brain
	(D) The liver
	A needs assessment and target setting are very important if you are planning
	7 Theods assessment and target setting are very important if you are plaining
52.	(A) A health promotion campaign
	(B) The Ottawa charter
	(6) 11 - 11 - 1 - 11 - 11
	(C) Nutritional guidelines (D) Food labels
	(D) Food labels
	Who is responsible for health promotion
	(A) Health professionals
	(B) Schools
	(C) Governments
53.	(D) All of the above
	(D) Mil of the above