

شكراً لتحميلك هذا الملف من موقع المناهج الإماراتية



نموذج اختبار تجريبي بدون الحل

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر ← علوم صحية ← الفصل الثالث ← الملف

التواصل الاجتماعي بحسب الصف الحادي عشر



روابط مواد الصف الحادي عشر على تلغرام

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المزيد من الملفات بحسب الصف الحادي عشر والمادة علوم صحية في الفصل الثالث

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مدرسة رواد الظفرة الخاصة

HEALTH SCIENCES

GRADE / 11

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Q1: A patient has difficulty remembering new information. Which cognitive process is affected?

- a. **Memory**
- b. **Sensation**
- c. **Intelligence**
- d. **Consciousness**

Q.2: What is cyberbullying?

- a. **Any action that you take online**
- b. **The use of technology to threaten other people**
- c. **The use of technology to help other people**
- d. **A way of positively communicating with others**

Q.3: Which of the following is a negative use of social media?

- a. **Only sharing information that is true**
- b. **Connecting with people in a different country**
- c. **Staying up to date with news and events**
- d. **Posting fake information online**

Q.4: What is psychology

- a. **The study of the mind and behaviour**
- b. **The study of the function of the body**
- c. **The study of social media and its use**
- d. **The study of disease and illness**

b.

c.

Q.5: How can the experience of stress affect your behaviour?

- a. **It can cause heart palpitations**
- b. **It can cause you to feel anxious**
- c. **It can cause you to stop eating**
- d. **It can cause aches and pains in your body**

Q.6: What is the aim of social psychology?

- a. **To study the processes of the brain**
- b. **To analyse how people interact with others**
- c. **To investigate criminal cases**
- d. **To identify how people change throughout life**

Q.7: What is your 'digital footprint'?

- a. **Technology used to threaten or embarrass others**
- b. **Cybercrimes which trick people out of money**
- c. **All of the actions that you take online**
- d. **Physical effects of using social media**

Q.8: How can you keep your personal information safe online?

- a. **Share personal information with people that you do not know or trust**
- b. **Use the same password for all of your online accounts**
- c. **Use private social media settings to control who can see you**
- d. **Open files that contain computer viruses**

Q.9: How could your future university access your digital footprint?

- a. **Request your health records**
- b. **Ask someone who knows you**
- c. **Search your name online**
- d. **Ask your high school teachers**

Q.10: Which of the following can positively impact a person's health and wellbeing?

- a. **Using social media to bully or spread lies about others**
- b. **Pretending to be someone else on social media**
- c. **Using social media late at night, instead of sleeping**
- d. **Using social media to educate yourself and learn something new**

Q.11: Which part of the body interprets messages from the sensory receptors and tells the body how to react?

- a. **Peripheral nervous system**
- b. **Central nervous system**
- c. **Circulatory system**
- d. **Arms and legs**

Q.12: What is the 'fight or flight' response?

- a. **An automatic body reaction to stress**
- b. **When sensations decrease in sensitivity**
- c. **A learned behaviour that is developed over time**
- d. **The ability to recall information automatically**

Q.13: What is a negative effect of social media on a person's health and wellbeing?

- a. **It can lead people to feel inadequate about their life**
- b. **It can help people to build an online community**
- c. **It can inspire healthy lifestyle changes**
- d. **It can help people to connect with others**

Q.14: Why was social media useful to people during the COVID-19 pandemic

- a. **It made people feel isolated and depressed**
- b. **It allowed people to interact virtually with friends**
- c. **It made people feel inadequate about their life**
- d. **It taught people false information about the pandemic**

Q.15: Which of the following best describes behaviourism psychology?

- a. **A type of psychology that suggests all human behaviour is influenced by genetics**
- b. **A type of psychology that suggests all human behaviour is influenced by our environment**
- c. **A type of psychology that suggests that all human behaviour is influenced by our unconscious mind**
- d. **A type of psychology that focuses on individual growth and achievement**

Q.16: You are trying to find out up-to-date health information. Which of the following sources of information is the most reliable?

- a. **Something that was written in 2002 and has not been updated since**
- b. **Something that was shared in a WhatsApp group by your brother**
- c. **Something that was posted on the Ministry of Health and Prevention website**
- d. **Something that was written by a grade 12 student**

Q.17: According to the theory of cognitive development, the sensorimotor stage happens at what age?

- a. **0-2 years old**
- b. **2-7 years old**
- c. **7-11 years old**
- d. **11 years and older**

Q.18: What is consciousness?

- a. **The way that people solve complex and analytical problems**
- b. **The way people communicate with words and body language**
- c. **An awareness of what is happening in the world around you**
- d. **The way that people interpret the world through their senses**

Q.19: What do people use to help them adapt to stressful situations?

- a. **Coping mechanisms**
- b. **Sensory adaptations**
- c. **Peripheral mechanisms**
- d. **Development theories**

Q.20: When writing a scientific report, where should you record any sources of information or text that you have used, in order to avoid plagiarism?

- a. **References**
- b. **Hypothesis**
- c. **Authors**
- d. **Methods**

Q.21: Jameela is starting to lose her sight. What cognitive process is affected?

- a. **Sensation**
- b. **Memory**
- c. **Intelligence**
- d. **Consciousness**

Q.22: In a scientific report, what section provides details about the exact process that was followed to do the research?

- a. **Methods**
- b. **References**
- c. **Hypothesis**
- d. **Abstract**

a.

Q.23: At what stage of cognitive development do children begin to use reasoning and can critically analyse situations?

- a. **Sensorimotor**
- b. **Preoperational**
- c. **Concrete operational**
- d. **Formal operational**

Q.24: What is perception?

- a. **The process of selecting and organising information that is sent from the five senses**
- b. **The ability to be aware of your thoughts, memories, feelings and environment**
- c. **The process of storing and recalling information over a long period of time**
- d. **When the level of sensitivity of a sensation decreases over time**

Q.25: What is a disadvantage of using social media to find healthcare information?

- a. **Information on social media is not always correct**
- b. **People who post on social media may not have a medical background**
- c. **Searching medical conditions online can cause you to worry**
- d. **All of the above**

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