

تم تحميل هذا الملف من موقع المناهج الإماراتية



الملف أوراق عمل امتحانية مع الإجابات

موقع المناهج ⇨ المناهج الإماراتية ⇨ الصف الثاني عشر ⇨ علوم صحية ⇨ الفصل الثالث

روابط مواقع التواصل الاجتماعي بحسب الصف الثاني عشر



روابط مواد الصف الثاني عشر على تلغرام

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المزيد من الملفات بحسب الصف الثاني عشر والمادة علوم صحية في الفصل الثالث

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	Questions	Answers
Part 1 – 30 marks		
1	Which medical professionals are involved in pharmacy	Community pharmacist, clinical pharmacist, Homecare pharmacist, research pharmacist
	What is the role of a clinical pharmacist?	pharmacists who work in hospitals with doctors and nurses. They decide and advice which treatment each patient needs to improve.
2	What medicines are administered via the oral route of administration	Capsules, Liquids, Pastilles, Powder
	What route of drug administration involves the use of infusions	Parenteral
3	How can food become contaminated	When harmful or unwanted substance, such as bacteria, gets into it
	Why is contaminated food dangerous?	foodborne illnesses may cause more dangerous complications.
4	What is insulin?	Insulin is a hormone produced by the pancreas.
	What is diabetes?	Diabetes is a chronic condition. where the body's ability to respond to or produce a hormone called insulin is not working as it should.
5	A BMI score of 28.7 is classed as _____.	Overweight
	What is the BMI of a person who is obese?	Above 30
Part 2 – 50 marks		
1	In pharmacy, what is the Latin abbreviation that means 'before meals'	ac
	In pharmacy, what is the meaning of the Latin abbreviation 'hs'?	at bedtime



2	What is the role of a community pharmacist	pharmacists who work in a pharmacy where you would go to buy medicines.
	What is the role of a research pharmacist?	pharmacists who develop new drug
3	A doctor prescribed 300mg of a medicine per day. The medicine is available in 50mg tablets. Using the formula provided, calculate how many tablets the patient should take per day. <i>Prescribed dose ÷ stock strength = number of tablets needed</i>	$300\text{mg} \div 50\text{mg} = 6$
	A doctor prescribed 240mg of a medicine per day. The medicine is available in 80mg capsules. Using the formula provided, calculate how many capsules the patient should take per day. <i>Prescribed dose ÷ stock strength = number of capsules needed</i>	$240\text{mg} \div 80\text{mg} = 3$
4	Which type of conditions that can be treated with antibiotics	Antibiotics are medicines that destroy or slow the growth of bacteria .
	How soon do antibiotics begin to work against bacteria	Most antibiotics begin fighting bacteria within a few hours.
5	Bacteria in the _____ zone will become active again when brought to room temperature.	Cold/frozen
	In which temperature zone are bacteria destroyed?	Hot food zone
6	 Colour coded chopping boards can reduce the risk of cross-contamination. What type of food is the brown-coloured chopping board used for?	Raw unwashed vegetables, salads and fruits only.



	Colour coded chopping boards can reduce the risk of cross-contamination. What type of food is the yellow-coloured chopping board used for?	Ready to eat and cooked foods only
7	How should frozen food be thawed?	Thaw frozen food in the fridge
	How should cooked food be cooled	Cool hot food until the steam no longer rises from it. You should not leave hot food to cool for more than two hours.
8	What is the correct temperature to cook food to?	70 °C.
	How can you check if food is cooked thoroughly?	Use a thermometer to check that foods reach 70 °C
9	A low-sugar diet is an example of which type of therapeutic diet?	Nutrient modified
	What is nutrient modification.	This is where one or more nutrients are added or removed from the diet.
10	What is texture modification?	When the texture and consistency of food can be modified to make eating easier soft, minced and moist and puree diet.
	Which type of therapeutic diet is needed by a person with dysphagia?	Texture modification
11	What is type 1 diabetes?	Type 1 diabetes is when the body cannot produce enough insulin. This happens because the body's immune system destroys the cells in the pancreas that produce insulin
	What is type 2 diabetes?	the body cannot produce enough insulin, or it cannot properly use the insulin that it produces. This is called insulin resistance.
12	What are the causes of diabetes?	Type 1 – family history, exposure to certain viruses, disease problems with the pancreas Type 2 – being overweight or obese, unhealthy diet not doing enough physical activity.
	Which lifestyle behaviours can put someone at risk of developing diabetes?	being overweight or obese, unhealthy diet not doing enough physical activity. Stress, high blood pressure
13	What is the dietary advice for someone who is overweight?	Eat a variety of foods each day Choose food high in protein, lean meat, fish, eggs and legumes.



		<p>Make sure that the diet has enough cereals and their products. Make sure that the diet contains enough calcium. Reduce intake of foods that are high in saturated fat, sugar and salt. Reduce processed foods. Eat foods high in fibre; Consume enough water every day.</p>
	Which category of energy balance should an overweight person be in if they wish to lose weight?	Negative energy balance
Part 3 – 20 marks		
1	Describe lactose intolerance?	It happens when a person has digestive problems after eating dairy products.
	Describe gluten intolerance?	It happens when a person has digestive problems after eating gluten products
2	What is a food allergy?	A food allergy is when the body's immune system responds unusually to certain foods.
	What is a food intolerance ?	Food intolerance happens when the body cannot properly digest the food that is eaten. It can also happen when a particular food irritates the digestive system.
3	Which foods contain lactose?	milk, yoghurt and soft cheeses
	Which foods contain gluten ?	bread, pasta, cereal, pastries, cookies and doughnuts
4	What are the symptoms of a food allergy?	Rashes or hives Itchy mouth Swelling of face, tongue and lips Trouble breathing
	What are the symptoms of a food intolerance?	Gas Stomach cramps/bloating Heartburn



		Headaches
5	How are food allergies different to food intolerances?	Food allergies come on suddenly , only a small amount of food needed to trigger a reaction, happens everytime the food is eaten and is life threatening . Food intolerances comes on gradually , may only happen if alot of food is eaten, reaction if food is eaten often and is not life threatening .
	Which condition can lead to anaphylaxis?	Food allergies
Bonus – 10 marks		
1	Unknown	Unknown
2	Unknown	Unknown

تم تحميل هذا الملف من

موقع المناهج الإماراتية

With my best wishes for success

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