## شكراً لتحميلك هذا الملف من موقع المناهج الإماراتية





#### اختبار مهارات الوحدة السابعة المسار العام - بنات

موقع المناهج ← المناهج الإماراتية ← الصف الثاني عشر ← علوم صحية ← الفصل الثاني ← الملف

تاريخ نشر الملف على موقع المناهج: 16:46:23 2024-02-16

#### التواصل الاجتماعي بحسب الصف الثاني عشر









### روابط مواد الصف الثاني عشر على تلغرام

التربية الاسلامية اللغة العربية العربية الانجليزية الاسلامية العربية العربية العربية العربية الاسلامية العربية العربية

| المزيد من الملفات بحسب الصف الثاني عشر والمادة علوم صحية في الفصل الثاني |   |  |
|--|---|--|
| حل اختبار مهارات الوحدة السابعة المسار المتقدم - أولاد                   | 1 |  |
| اختبار مهارات الوحدة السابعة المسار المتقدم - أولاد                      | 2 |  |
| اختبار مهارات الوحدة السابعة المسار العام - أولاد                        | 3 |  |
| حل أسئلة الامتحان النهائي - المتقدم - بنات                               | 4 |  |
| نموذج أسئلة وفق الهيكل الوزاري - عام بنين وبنات                          | 5 |  |





# Health Sciences Skills Check Unit 7 Grade 12 General

Instructions: Teachers are to select <u>five</u> of the following questions for skills check 3 and insert them into the skills check template. Each question is worth 1 mark. Students must correctly answer <u>all</u> parts of the question, where appropriate, to gain 1 mark. Students who answer 1 or more parts of the question wrong will be awarded 0 marks for that question.

|   | How | many weeks does pregnancy usually last? |
|---|-----|---|
| 4   | (A) | 10-12 weeks                             |
| 1.  | (B) | 20-22 weeks                             |
|   | (C) | 30-32 weeks                             |
|   | (D) | 40-42 weeks                             |
|   |     |   |
| Which of the following changes happen during the first trimester of |     |   |

|    | Which of the following changes happen during the first trimester of pregnancy? |                            |
|----|--|----------------------------|
| 2. | (A)  | The foetus can make urine  |
|    | (B)  | The umbilical cord forms   |
|    | (C)  | The gender is apparent     |
|    | (D)  | The bones are fully formed |

|    |     | do women's calorie needs change during their second trimester of nancy? |
|----|-----|---|
| 3. | (A) | Calorie needs should stay the same as before pregnancy                  |
|    | (B) | Calorie intake should increase by around 360 calories                   |
|    | (C) | Calories should come mainly from fish high in mercury                   |
|    | (D) | Calorie intake should decrease by around 360 calories                   |

|    | Name two foods that should be avoided during pregnancy. |
|----|---|
| 4. |   |
|    |   |

|     | Why  | is it important to take folic acid supplements during pregnancy? |
|-----|--|--|
| _   | (A)  | To help carry oxygen around the body                             |
| 5.  | (B)  | To help prevent healthy bone development                         |
|     | (C)  | To help prevent the foetus developing neural tube defects        |
|     | (D)  | To help with healthy weight gain during pregnancy                |
|     |  |  |
|     | Desc   | cribe one benefit of exercising regularly during pregnancy.      |
| 6.  |  |  |
|     |  |  |
|     |  |  |
|     |  |  |
|     | Which term refers to the tightening and relaxing of muscles in the womb? |  |
| 7.  | (A)  | Colostrum  |
| 1.  | (B)  | Gestational  |
|     | (C)  | Contraction  |
|     | (D)  | Trimester  |
|     |  |  |
|     | Whic   | ch of the following exercises are recommended during pregnancy?  |
| 8.  | (A)  | Kickboxing   |
| Ο.  | (B)  | Rock climbing  |
|     | (C)  | Horse riding   |
|     | (D)  | Swimming   |
|     | _  |  |
|     | Describe one benefit of breastfeeding a newborn baby.                    |  |
| 9.  |  |  |
| 9.  |  |  |
|     |  |  |
|     |  |  |
|     | 1 147  |  |
|     | vvn  | y are ultrasound scans used during pregnancy?                    |
| 10  | (A)  | To check the foetus is growing at a healthy rate                 |
| 10. | (B)  | To monitor the mother's blood pressure                           |
|     | (C)  | To check for gestational diabetes or low iron levels             |
|     | (D)  | To reduce swelling in the legs                                   |