حل أسئلة الامتحان النهائي - المتقدم - بنات

التواصل الاجتماعي بحسب الصف الثاني عشر

روابط مواد الصف الثاني عشر على تلغرام

الرياضيات	اللغة الانجليزية	اللغة العربية	التربية الاسلامية

المزيد من الملفات بحسب الصف الثاني عشر والمادة علوم صحية في الفصل الثاني

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Response Review

Student ID/Username:	Full Name:	Group/CRN:	Delivery Method:
		$PC-1547AD-G12-ADV-2 (...	**Diigiitall**

College:	Course Name:	Area/Branch Name:
Grade12	**G12ADV..HSS - Health Science G12ADV**	

Exam:	Activity Type:	Time Spent:	Total Marks:
Grade 12 Advanced Heallt...	**Fiinall**	**56 miins,, 36 secs**	**125/125**

Q.1: Which of the following should be avoided during pregnancy?   **Mark(s):: 5/5**

Learning Outcomes Covered

◇ HSC.1.4.01.002

a. Foods high in mercury

b. Foods high in iron

c. Foods high in calcium

d. Foods high in folic acid

Q.2: Hamad is 71kg and is 163cm tall. Calculate his BMI using the formula: weight ÷ height^2 (m^2)   **Mark(s):: 5/5**

Learning Outcomes Covered

- HSC.4.4.01.009

a. 26.7

b. 22.9

c. 43.5

d. 31.7

Q.3: What supplements should a woman who has developed anaemia take?   **Mark(s):: 5/5**

Learning Outcomes Covered

- HSC.1.4.01.002

a. Calcium

b. Folic acid

c. Iron

d. Caffeine

Q.4: What is immunisation?   **Mark(s):: 5/5**

a. A tool used to test for a disease or illness

b. A method of diagnosing diseases or conditions

c. An injection that increases people's resistance to a disease

d. An examination to test if people are immune to a disease

Q.5: Why is it important to take folic acid during pregnancy?   **Mark(s):: 5/5**

a. To help carry oxygen around the body

b. To prevent healthy bone development

c. To prevent the foetus from developing neural tube defects

d. To prevent weight gain during pregnancy

Q.6: Which method of assessing nutritional status allows healthcare professionals to identify the types of enzymes present in a patient's body?   Mark(s):: 5/5

Learning Outcomes Covered

○ HSC.4.4.01.004

a. Anthropometric

b. Biochemical

c. Clinical

d. Dietary

Q.7: Which of the following changes happen during the second trimester of pregnancy?   Mark(s):: 5/5

Learning Outcomes Covered

○ HSC.1.4.01.001

a. The umbilical cord forms

b. The foetus can make urine

c. The baby is ready to be born

d. The baby's bones are fully formed

Q.8: Which of the following statements about disease prevention is true?   **Mark(s):: 5/5**

Learning Outcomes Covered

  ○ HSC.5.2.01.006

a. Non-communicable diseases are spread by bacteria and parasites ☐

b. Good personal hygiene can help to prevent communicable diseases ☐

c. Eating healthy food can weaken your immune system ☐

d. It is only possible to test for disease when symptoms are present ☐

Q.9: Why is it important to do regular health checks and screenings for disease?   **Mark(s):: 5/5**

Learning Outcomes Covered

  ◇ HSC.5.2.01.005

a. To diagnose diseases early, before they start to affect the person ☐

b. To increase people's resistance and immunity to disease ☐

c. To make people worried about their health ☐

d. To identify modifiable risk factors of disease ☐

Q.10: Mouza weighs 62kg and has 8kg of body fat. Calculate her body fat percentage using the formula: body fat ÷ total body weight × 100

Mark(s):: 5/5

○ HSC.4.4.01.009

a. 12.9%

b. 7.7%

c. 0.12%

d. 21.7%

Q.11: Sultan is on the 50th percentile for his height-for-age. What does this mean?

Mark(s):: 5/5

○ HSC.4.4.01.008

a. Sultan is small in height for his age

b. Sultan is tall in height for his age

c. Sultan is an average height for his age

d. Sultan is taller than 97% of boys his age

Q.12: Which disease or condition do mammograms screen for?

Mark(s):: 5/5

Learning Outcomes Covered

- HSC.5.2.01.005

a. Breast cancer

b. Bowel cancer

c. Cervical cancer

d. High cholesterol

Q.13: Omar received a positive result after his colonoscopy screening test. What does his result mean?

Mark(s):: 5/5

Learning Outcomes Covered

- HSC.5.2.01.005

a. Omar has been diagnosed with breast cancer

b. Omar is at a low risk of developing bowel cancer

c. Omar should do further tests to confirm if he has bowel cancer

d. Omar is immune to bowel cancer

Q.14: Maitha has been advised to go for a pap smear test. What disease does this test screen for? **Mark(s):: 5/5**

a. Breast cancer

b. Cervical cancer

c. Prostate cancer

d. Bowel cancer

Q.15: What information does a person's skinfold thickness indicate? **Mark(s):: 5/5**

a. How tall or short a person is in comparison to others

b. The total amount of body fat a person has

c. The size of a person's waist circumference

d. Nutritional deficiencies in the body

Q.16: During pregnancy, women will experience contractions. What are contractions?   **Mark(s):: 5/5**

○ HSC.1.4.01.004

a. The tightening and relaxing of muscles in the womb

b. The process of childbirth

c. The baby's first bowel movement

d. A reduction in calcium absorption

Q.17: What information is needed to calculate a person's body mass index (BMI)?   **Mark(s):: 5/5**

○ HSC.4.4.01.009

a. Waist circumference and body fat percentage

b. Weight and height

c. Weight and age

d. Weight and waist circumference

Q.18: In what way does physical activity benefit your social health?   **Mark(s):: 5/5**

Learning Outcomes Covered

- HSC.5.2.01.003

a. Increased attention span

b. Develop new leadership skills

c. Increased muscular strength

d. Increased endorphins

Q.19: Which of the following risk factors for disease is non-modifiable?   **Mark(s):: 5/5**

Learning Outcomes Covered

- HSC.5.2.01.001

a. Ethnicity

b. Sedentary lifestyle

c. High cholesterol

d. Malnutrition

Q.20: Which of the following can help to prevent a non-communicable disease such as diabetes?   **Mark(s):: 5/5**

a. Staying away from people who are unwell

b. Washing your hands after coughing

c. Wearing personal protective equipment such as a mask

d. Doing regular physical activity

Q.21: A person who is undernourished is likely to be_____.   **Mark(s):: 5/5**

a. overweight

b. obese

c. healthy

d. underweight

Q.22: Which of the following is the most accurate method of measuring body fat?

Mark(s):: 5/5

Learning Outcomes Covered

- HSC.4.4.01.008

a. Taking a lipid test

b. Using a DEXA scanner

c. Measuring height

d. Calculating BMI

Q.23: Which of the following is a positive health behaviour?

Mark(s):: 5/5

Learning Outcomes Covered

- HSC.5.3.01.002

a. Working in a stressful environment

b. Using your phone late at night before bed

c. Eating junk food or unhealthy snacks

d. Sanitising your hands after coughing

Q.24: In terms of undernutrition, which of the following refers to a person who is a low height for their age? **Mark(s):: 5/5**

a. Wasting

b. Stunting

c. Underweight

d. Deficient

Q.25: Hind has a calcium deficiency. What does this mean? **Mark(s):: 5/5**

a. Hind does not have enough calcium in her body

b. Hind consumes too much calcium every day

c. Hind should reduce the amount of calcium she consumes

d. Hind has an allergy to calcium