

تم تحميل هذا الملف من موقع المناهج الإماراتية



الملف أسئلة هيكل امتحان وزاري الفصل الثالث مع الحل

[موقع المناهج](#) ← [المناهج الإماراتية](#) ← [الصف الحادي عشر العام](#) ← [علوم صحية](#) ← [الفصل الثالث](#)

روابط مواقع التواصل الاجتماعي بحسب الصف الحادي عشر العام



روابط مواد الصف الحادي عشر العام على تلغرام

[الرياضيات](#)

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المزيد من الملفات بحسب الصف الحادي عشر العام والمادة علوم صحية في الفصل الثالث

TERM 3 – Grade 11 General Health Sciences Revision Questions – with answers

By Syed Ali Sabtain (Health Sciences)
Hamad Bin Abdullah Al Sharqi School – Dibba, Fujairah

1. How can social media positively affect health and wellbeing?

Answer: Pick one (again, this list is not definitive)

- Social media can make meeting people with the same interests easier.
- Social media can be used to learn new skills and find information about many different things.
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- Find emotional support during difficult times, and allows you to offer support to others.

2. Why is social media important?

Answer: Pick one (again, this list is not definitive)

The main reasons that people use social media are:

- to stay in touch with friends.
- for staying up to date with news and events.
- to fill in spare time.
- to find entertaining or funny content.
- for meeting new people.
- for sharing photos and videos.
- to find products to buy.

3. How can social media negatively affect health and wellbeing?

Answer: Pick one (again, this list is not definitive)

- Having fake friends
- Less face-to-face time
- Sleep problems
- Comparing yourself with others on social media
- Depression

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4. What is a negative effect of social media?

Answer: Pick one (again, anything you see that affect you in a bad way, this list is not definitive)

- Cyberbullying
- Trolling
- Comparing themselves with other people.
- Wasting time online
- Feeling inadequate (feeling like you are not enough, or good enough)

5. What is cyberbullying?

Answer: Cyberbullying is when technology is used to threaten, embarrass, or target another person. This includes sending mean, angry, or rude texts, tweets, and posts.

6. What information should healthcare providers share on social media?

Answer: (again, this list is not definitive)

- Opening times
- How to reach a doctor.
- Services available online and on social media.
- Social media can be used to share health updates with the public.

7. What is an advantage of using social media to find healthcare information?

Answer: Pick one (again, this list is not definitive)

- You can use social media platforms to learn about their health condition
- You can find online support groups or find other people with the same conditions.
- Information gathered on social media can help patients choose doctors, specialists and hospitals.
- Social media can help to educate patients in taking a more active role in their own healthcare.

8. What is your digital footprint?

Answer: Any action that you take online is called your 'Digital Footprint'

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9. How can you keep your personal information safe online?

Answer: Pick one (again, this list is not definitive)

- Use strong passwords for your phone, laptop, bank, and other accounts.
- Do not share too much information on social networking websites.

10. Which of the following sources of information is the most reliable?

Answer:

- Government health advice websites
- Your doctor or nurse
- Medical journals

11. What is psychology?

Answer: the study of the mind and behaviour

12. What is clinical psychology?

Answer: Clinical psychology – used to diagnose (check for) and treat mental illnesses

13. What are three higher cognitive processes?

Answer: Thinking, Memory, and Language (the remaining two are: Intelligence and learning)

14. Which cognitive process is needed to remember information?

Answer: Memory

15. What is language?

Answer: Language – how people communicate

16. Sensory receptors found in the _____ allow you to feel.

Answer: Skin

17. What is sensation?

Answer: Sensation is one of the basic cognitive processes. It is the process that allows our brain to take in information from our five senses.

18. What is perception?

Answer: Perception - the way a person interprets and understands the world around them through their senses

19. Which psychologist created the social cognitive theory?

Answer: Albert Bandura

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20. What is the social cognitive theory?

Answer: The social learning theory explains how people learn from one another.

21. What happens during the sensorimotor stage of cognitive development?

Answer: Infants start to build an understanding of the world through their senses by touching, grasping, watching, and listening.

22. What is the 'fight or flight' response?

Answer: A natural response to danger - our body usually prepares to face the situation (fight) or leave the situation (flight or fly).

23. What information is included in the abstract of a scientific report?

Answer: This is a brief summary of the report.

24. What information is included in the methods section of a scientific report?

Answer: In the methods section details are given about the exact process that was followed to do the research

Goodluck guys and may the Force be with you!