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Exam Specification – Term 3

G11 Girls

Unit	Performance Indicator	Lesson	Exam criteria
Unit 8 Leadership and teamwork	11.8.1 Describe the importance of effective leadership in healthcare.	Term 2 W9 L2	<p>Identify their own understanding of the term 'a good leader'.</p> <p>Identify the definition of leadership and management according to the WHO.</p> <p>Describe the qualities of an effective leader in healthcare:</p> <ul style="list-style-type: none"> • Effective leadership in healthcare • Qualities of an effective leader

Unit	Performance Indicator	Lesson	Exam criteria
Unit 9 Diabetes	11.9.1 Define the different types of diabetes.	W1 L1	Define type 1 and type 2 diabetes.
	11.9.2 Identify the causes of diabetes.	W1 L2	Identify the causes of type 1 and type 2 diabetes.
	11.9.3 Explain the diagnosis of diabetes and how to monitor blood glucose.	W1 L2	<p>Identify the signs and symptoms of type 1 and type 2 diabetes.</p> <p>Explain the various methods of diagnosing diabetes:</p> <ul style="list-style-type: none"> • Glycated haemoglobin (HbA1c) test • Oral glucose tolerance test • Urine test • Random blood glucose test
W1 L3		<p>Identify how to measure blood glucose and the equipment needed.</p> <p>Items needed to measure blood glucose.</p> <p>Steps to measure blood glucose.</p>	

	11.9.5 Identify the health complications of diabetes.	W2 L2	<p>Identify the complications of diabetes.</p> <p>Define/cause/signs/treatment of the following:</p> <ul style="list-style-type: none"> • hypoglycemia • hyperglycemia • diabetic retinopathy • diabetic neuropathy
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Unit	Performance Indicator	Lesson	Exam criteria
Unit 10 Patient assessment	<p>11.10.1 Describe the importance of basic health assessments.</p> <p>11.10.2 Define the vital signs that should be included in a patient assessment.</p>	W3 L3	<p>Describe the importance of basic health assessments:</p> <ul style="list-style-type: none"> • Observation • Discussion • Medical history • General assessments • Disease risk factor assessments • Screening • Fitness assessments <p>Define the vital signs that should be included in a patient assessment:</p> <ul style="list-style-type: none"> • Body temperature • Respiration • Blood pressure • Heart rate
	11.10.3 Identify how to measure and interpret body temperature.	W4 L1	<p>Measure body temperature</p> <ul style="list-style-type: none"> • Thermometer, oral, under the armpit, in the ear <p>Interpret the results of body temperature assessment</p> <ul style="list-style-type: none"> • Too high
	11.10.4 Identify how to measure and interpret respiration.	W4 L2	<p>Measure respiration:</p> <ul style="list-style-type: none"> • How to measure respiration • Normal respiration rate for adults <p>Interpret the results after measuring respiration:</p> <ul style="list-style-type: none"> • Conditions that can change rate

	11.10.5 Identify how to measure and interpret blood pressure.	W4 L3	<p>Measure blood pressure:</p> <ul style="list-style-type: none"> • Measure blood pressure using a digital blood pressure monitor • Measure blood pressure using a manual blood pressure monitor <p>Interpret the results after measuring blood pressure:</p> <ul style="list-style-type: none"> • What is considered high blood pressure?
	11.10.6 Identify how to measure and interpret heart rate.	W5 L1	<p>Measure heart rate:</p> <ul style="list-style-type: none"> • Steps to measure heart rate <p>Interpret the results after measuring the heart rate:</p> <ul style="list-style-type: none"> • Healthy rate – adults/athletes • How heart rate can be affected

Unit	Performance Indicator	Lesson	Exam criteria
Unit 11 Psychology	11.11.1 Discuss the history, philosophy and subdivisions of psychology.	W5 L2	<p>Describe the sub-divisions of psychology:</p> <ul style="list-style-type: none"> • Types of psychology • Role of a psychologist
	11.11.2 Describe basic cognitive processes and the associated anatomy and physiology.	W5 L3	<p>Describe the basic cognitive processes:</p> <ul style="list-style-type: none"> • Sensation: what it is, where are receptors found • Perception: what it is • Consciousness: what it is and 3 levels
	11.11.3 Discuss the concepts of sensation, perception and consciousness and how they relate to your role as a healthcare professional.		<p>Identify how the basic cognitive process relates to the role of a healthcare professional:</p> <ul style="list-style-type: none"> • Sensory adaption, why sensation is important to healthcare professionals • Why perception is important to healthcare professionals • Why consciousness is important to healthcare professionals
	11.11.4 Describe the higher cognitive processes of learning, memory, language, thinking and intelligence relating them to your role as a healthcare professional.	W6 L1	<p>Describe the higher cognitive processes:</p> <ul style="list-style-type: none"> • Define - learning, memory, language, thinking and intelligence <p>Identify how the higher cognitive processes relate to the role of a healthcare professional:</p>

			<ul style="list-style-type: none"> Why the higher cognitive processes are important for healthcare professionals - learning, memory, language, thinking and intelligence
	11.11.5 Investigate lifespan psychology and developmental theories.	W6 L2	Identify developmental theories in psychology: <ul style="list-style-type: none"> Theory of cognitive development including 4 stages (Piaget categories) Social cognitive theory (Banduras model)

Unit	Performance Indicator	Lesson	Exam criteria
Unit 12 Environmental health	11.12.1 Identify the effect of different types of environmental pollution on health.	W7 L2	Identify what the different types of pollution are: <ul style="list-style-type: none"> Types of pollution – air, water and land
	11.12.2 Describe how air, water and land pollution can impact on health.		Identify the causes of air pollution. Describe how air pollution can affect health: <ul style="list-style-type: none"> Respiratory problems Heart problems Skin and eye damage Immune system
	11.12.3 Identify ways to reduce environmental pollution and its harmful effects.	W7 L3	Identify the causes of water and land pollution. Describe how water and land pollution can affect health.
		W8 L1	Identify ways to reduce environmental pollution: <ul style="list-style-type: none"> Reduce environmental pollution Identify how to reduce the harmful effects of environmental pollution. Sustainability.