

تم تحميل هذا الملف من موقع المناهج الإماراتية



*للحصول على أوراق عمل لجميع الصفوف وجميع المواد اضغط هنا

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* للحصول على أوراق عمل لجميع مواد الصف الحادي عشر اضغط هنا

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* للحصول على جميع أوراق الصف الحادي عشر في مادة تصميم وجميع الفصول, اضغط هنا

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* للحصول على أوراق عمل لجميع مواد الصف الحادي عشر في مادة تصميم الخاصة بـ الفصل الثالث اضغط هنا

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* لتحميل كتب جميع المواد في جميع الفصول للـ الصف الحادي عشر اضغط هنا

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للتحدث إلى بوت المناهج على تلغرام: اضغط هنا

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Your teacher will show you the video
Name some of the complications of diabetes.

What test can help to identify diabetes in the early stage?

- A- urine test
- B- ~~stand~~ Random blood glucose test.
- C- Glycated haemoglobin (~~Hb~~ HbA1c) test
- D- oral glucose tolerance test (OGTT)

Who is at risk of developing complications from diabetes?

people who don't eat healthy, exercise
or take their medicine.

Put the signs and symptoms for hyperglycaemia and hypoglycaemia into the correct box.



Remember

Hyperglycaemia and hypoglycaemia can have similar symptoms.

Polyuria

Hunger

Pale

Fruity breath

Polydipsia

Dizziness

Sweating

Fatigue

Hypoglycaemia

~~Hypoglycaemia~~

Dizziness

Feeling hunger

Irritated

Pale, Sweating

Hyperglycaemia

- Polyuria

- Polydipsia

- Fruity breath

- Fatig up



Identify if each of the following statements about the complications of diabetes are true or false.

1. Hypoglycaemia is when there is too much sugar in the blood.

 F

2. Hyperglycaemia can affect people who have type 1, type 2 and gestational diabetes.

 T

3. Hypoglycaemia can occur when someone with diabetes takes too much insulin.

 T

4. If diabetic retinopathy is not treated, it can lead to blindness.

 T

5. Gestational diabetes can put the mother at greater risk of developing type 1 diabetes in the future.

 F

	Breakfast	Lunch	Dinner
Meal information	wholegrain bread fruit low-fat milk eggs	vegetable soup table fish	steak / or chicken - wholegrain noodles - green salad.
Snacks	yogurt with fruit	yogurt cucumber fresh juice	veggie chips
Other advice	Drink water exercise wake-up early		