

تم تحميل هذا الملف من موقع المناهج الإماراتية



\* للحصول على أوراق عمل لجميع الصفوف وجميع المواد اضغط هنا

<https://almanahj.com/ae>

\* للحصول على أوراق عمل لجميع مواد الصف الخامس اضغط هنا

<https://almanahj.com/ae/5>

\* للحصول على جميع أوراق الصف الخامس في مادة تربية بدنية ولجميع الفصول, اضغط هنا

<https://almanahj.com/ae/5sports>

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\* لتحميل كتب جميع المواد في جميع الفصول للـ الصف الخامس اضغط هنا

<https://almanahj.com/ae/grade5>

للتحدث إلى بوت المناهج على تلغرام: اضغط هنا

[https://t.me/almanahj\\_bot](https://t.me/almanahj_bot)



STUDENT SECTION					
Name				Class	
Student MOE number (SIS)		School MOE Number		STUDENT SIGNATURE	
School name					

Physical Health and  
Education

Grade 5

Sample - Term 1

Date: November 2017

Duration: 30 minutes

STUDENT INSTRUCTIONS –  
Students must attempt **all** questions.  
For this examination, you must have:

1. An ink pen – blue.
2. A pencil.




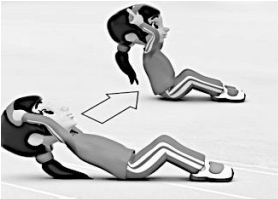
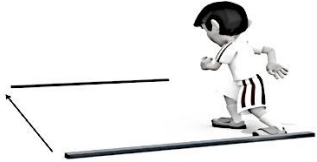
TEACHER NOTES & INSTRUCTIONS

Please tick  the correct answers in **RED INK**  
and then write the mark awarded in the marking  
columns.

FOR ADMIN ONLY	
MARKING RECORD	
Section	Section TOTALS
Section 1	
Section 2	
Section 3	
Section 4	
MARKER SIGNATURE	TOTAL MARKS
MODERATOR SIGNATURE	

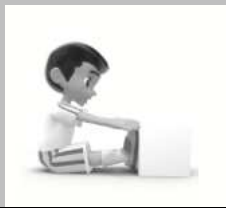





# SECTION 1 – Selected Response

Look at the pictures. Circle Yes or No.

<p>Example:</p>	<p>It is a warm up</p> 	<p><input checked="" type="radio"/> Yes      <input type="radio"/> No</p>
<p>Q1</p>	<p>Is it a <b>power</b> test</p> 	<p><input type="radio"/> Yes      <input type="radio"/> No</p>
<p>Q2</p>	<p>Is it a <b>balance</b> test</p> 	<p><input type="radio"/> Yes      <input type="radio"/> No</p>
<p>Q3</p>	<p>Is it a <b>flexibility</b> test</p> 	<p><input type="radio"/> Yes      <input type="radio"/> No</p>
<p>Q4</p>	<p>Is it an <b>agility</b> test</p> 	<p><input type="radio"/> Yes      <input type="radio"/> No</p>

## SECTION 2 - Matching Task

Look at the picture. Match the phrase to the picture. Write A, B, C, D, E or F next to the correct picture. The first one is done as an example.

PICTURE	Letter	WORD	Letter
Example 	<b>C</b>	Warm up	<b>A</b>
Q1 		Equipment	<b>B</b>
Q2 		Sit and Reach Test	<b>C</b>
Q3 		Bad behaviour	<b>D</b>
Q4 		Good behaviour	<b>E</b>
Q5 		Stretch	<b>F</b>



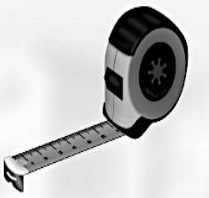

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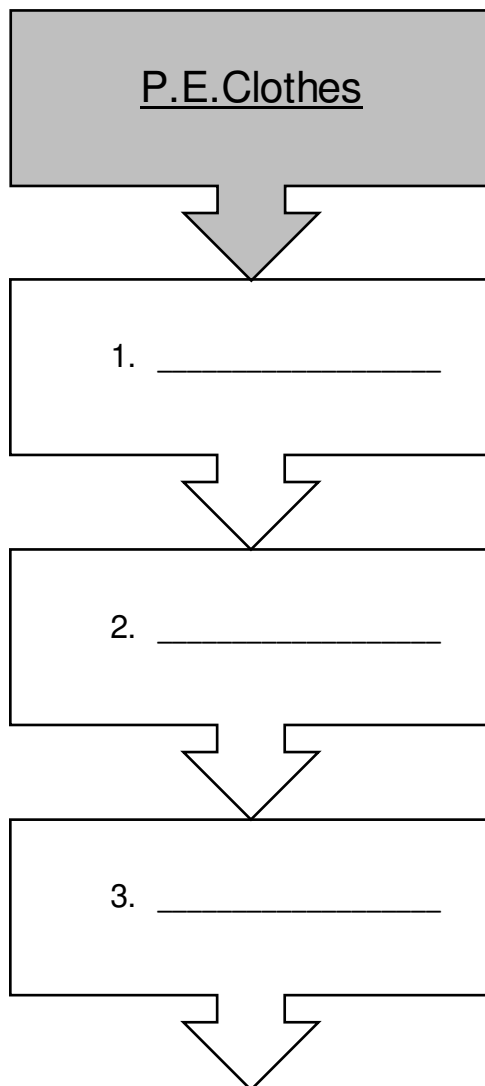
# SECTION 3 – Sequence Task

Put the pictures in order. Write the correct step in the box.

The first one is done as an example.

How do I get ready for a fitness test?

STRETCH	P.E.CLOTHES	EQUIPMENT	ACTIVITY
	<u>Example</u> 		



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## SECTION 4 – Gap-Fill

Use the word box to complete the sentence. Each word can only be used ONCE. The first one is done as an example.

The first one is done for you.

### Word Box

~~warm up~~

health

measures

cool

**Example:** Before sports I warm up my body.

**Q1.** Stork test \_\_\_\_\_ balance.

**Q2.** Skill related fitness and \_\_\_\_\_ related fitness.

**Q3.** After exercise, you must \_\_\_\_\_ down properly.

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**You have now finished the examination.**