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أ.محمد (ميرة)

My Favourite sport

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Sport is an activity involving physical exertion and skill that is governed by a set of rules or customs and often undertaken competitively.

My favorite sport is football. I love this game, because it is a fun game to be watched or played, it brings people together and it makes our bodies fit and strong.

I used to play football with my friends every Monday in the school yard.

All we need to play football is a rectangular field called a pitch with a goal at each end, and 11 players from each team, it is played by legs and it is not allowed to touch the ball by hands. The team who scores more will win the game.

Finally, I hope to play for the national football team and become an international footballer.

My Favourite sport

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Everyone has some free time, so we should spend this time in the right way that doesn't make us feel boring. in my free time I practice my favorite sport.

My favorite sport is basketball. I like it because It's very exciting, cheap and good for our health. We can grow taller if we often play basketball.

the equipments you need to play basketball are a ball and a basket .

I play basketball with my friends three times a week. I often play it in the school, sometimes I play it in the playground near my home.

Finally I advise everyone to practice different sports, because sport can help us feel fitter, healthier and mentally strong.

My favorite movie

My favourite movie is Taare Zameen Par.It is a type of emotional movie in which the relationship between a child and mother is potrayed.

In this movie, the child suffers from a disease named 'Dyslexia' due to which he is unable to excel in academics and even in sports, however he is a great painter.

In the movie, the child gets expelled from the school due to his poor performance in studies. At last his parents sends him to a new school where he was kept in the hostel. There, the child was slowly motivated in the school environment. At the end,he gets selected as the school topper in the Art competition.

The moral of this movie is that children must be understood, we mustn't force our opinion on them, understanding the needs and mental ability of an individual is important.

Film Review : Gladiator

Gladiator is an action movie about a Roman general's tragic life. It is directed by Ridley Scott's "Gladiator" and starred Russell Crowe.

أ.محمد (ميرة)

Gladiator takes place in AD 180 in Rome, and is loosely based on historical figures.

Based back in the times of the Roman conquerors, Russell Crowe is on top form as he plays the roman army general, Maximus, who is then captured by Proximo (Oliver Reid) and taken in for slavery. He is then chosen to be a gladiator, and that is where his new forced career begins.

A great film for all Thriller fans, with lots of sword fights, and bloody battles to keep your adrenaline pumping right the way through.

I really like how they have created a roman atmosphere for the film in a modern day world. Overall the film is definitely worth seeing and I would recommend it.

Space Exploration

We are created on this Earth to think and explore the secrets of this universe to make life easier , one of these secrets is space exploration.

People will go to space because they have passion to explore, to go somewhere new. Some of the benefits are : increase our knowledge about space, to discover the distant planets and see if life is possible there.

In the other hand, space exploration can be difficult, dangerous and expensive.

Finally, I wish to be an astronaut like Hazzaa Al Mansoori

and make the dream of Sheikh Zayed and his ambition reality.

Space Exploration

Allah has given us brains to think and explore the secrets of this universe to make life easier , one of these explorations is space exploration.

People will go to space for an increase in the knowledge that is out there about space and the discovery of distant planets and galaxies, it also gives us insight into the beginnings of our universe.

Some of Indirect benefits are Global partnerships, for example United States and Russia agreed to merge their separate space station plans into a single facility.

Space exploration can also be hard, dangerous and very expensive .

I hope that these explorations will continue and discover more and more about space, to make our life easier.

أ.محمد (ميرة)

A place to visit on holiday

We all have a place that we would like to visit at least once in our lifetimes. For me that place is Italy.

Next month, I'm going with my family to Italy. I want to visit Italy because of its culture, it is among the few ancient civilizations that have stood the test of time and are still in existence today.

It is also the world capital of fashion and is the home to gorgeous beaches and ethereal land formations that are sure to blow everyone's minds away.

I would like to visit The Valley of Temples and Take a boat trip along the Amalfi Coast.

I recommend everyone to visit Italy, because of its great history and imaginative nature.

An Arab explorer (Ibn Battuta)

Ibn Battuta was born on February 25, 1304 in Tangier, Morocco. At this time, Morocco was part of the Islamic Empire and Ibn Battuta grew up in a Muslim family.

أ.محمد (ميرة)

At the age of 21, Ibn Battuta decided it was time for him to make a pilgrimage to the Islamic holy city of Mecca. He knew that this would be a long and difficult journey, but he said goodbye to his family and set out on his own.

The trip to Mecca was thousands of miles long. He traveled across north Africa. Along the way, he visited cities such as Tunis, Alexandria, Cairo, Damascus, and Jerusalem. Finally, a year and half after leaving home, he reached Mecca and completed his pilgrimage.

Finally, Ibn Battuta had the determination to satisfy his goal, and he really did, and now he is known as one of the greatest travelers in world history.

How to be a professional athlete

Sport is very important and can change your life in a short period of time. An athlete is someone who is in sports.

To be a good athlete you should be physically fit and strong. Athletes have to develop and improve their skills by training with determination.

By running, jumping, throwing, the opportunities to stimulate the body's movements from head to toe in track and field are endless. Various muscle groups in action doing good to the entire body.

The personal traits an athlete can develop are: teamwork, perseverance, responsibility, physical endurance, commitment, time management, and personal and emotional health. In the other hand an athlete can have dangerous injuries,

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Finally, to be a professional athlete you should fight, have determination, strength and a continuous practicing.

Importance of sports and hobbies

Sports and hobbies are a very important part of our life. It is in fact the most technical part in giving us our identity.

In this day and age, many people have earned themselves titles and awards owing from their performance in different levels of international sports and hobbies.

Some of the famous sporting activities include football, athletics, tennis, hockey, cricket and many more. Sports are a fundamental part of the lives of millions of men and women all over the world.

Sports helps build talent and hobbies so that the people can be better at delivering them for personal and professional purposes. Sports also serve as a good leisure activity meant to relieve one from physical and emotional stress hence a healthy living.

I recommend everyone to practice his own hobby or sports, to avoid feeling bored , and improve our mental and physical activities.

Earth Exploration

the desire to understand better the nature of the Earth, is a major motive for exploring its surface and subsurface regions.

We should explore the Earth because of its economic profit. Improved standards of living have increased the demand for water, fuel, and other materials, creating economic incentives.

Some of the difficulties of Earth exploration is the digging deep inside the Earth, and the high pressure and temperature deep inside the Earth.

In my opinion Earth exploration is very important, we can recover oil, minerals and natural gas, and this makes our life easier.

An Ocean Animal : The Olive Sea Snakes

أ.محمد (ميرة)

The olive sea snake is the most common sea snake along the northern coast of Australia. Like all reptiles, olive sea snakes breathe air, but unlike other marine reptiles ,it's entire life cycle occurs in the ocean.

Growing to lengths over six feet (2 m), this species is well adapted to a life on coral reefs. It has a flattened, paddle-like tail and a large lung that allows it to go hours between breaths at the surface.

The olive sea snake hunts small to medium sized fishes and benthic invertebrates, including prawns and crabs. It prefers to hunt at night and only comes out of its daytime hiding places to take occasional breaths.

Olive sea snakes are not fished by people, but they are at risk of accidental capture by fishers targeting other species.

Finally, my advise to fishers is to avoid capturing these creatures, because they are really endangered.

An event

I would love to attend the event of El Clasico, or 'The Classic', it is the name given to football's greatest rivalry and one of the world's most popular sporting event between FC Barcelona and Real Madrid in Spain.

Next week we are traveling to Spain, We will stay there for one week, the second day after the Clasico we will visit the Alhambra Moorish fortress, In the hills of Granada, which protected the city's inhabitants from invasion by the Christians for hundreds of years. The day after we are going to watch a Bullfight in Madrid, have you ever been there ? it is really amazing.

The next day we are going to eat Paella in Valencia, it is made from meat instead of seafood.

Spain is very modernized and beautiful country, so advise everyone to go there and have fun.

أ.محمد (ميرة)

My Favourite Hobby

Everyone has some free time, so we should spend this time in the right way that doesn't make us feel boring. In my free time I practice my hobby.

A hobby is a regular activity done for enjoyment, my favorite hobby is reading. I enjoy reading a book when I am free. I started to do it when I was four years old. The first time I did it, I felt interested. So I kept reading. I always read books and stories at home with my younger sister, and sometimes I go to the library with my friends.

There are a lot of advantages of reading, it can make me relaxed and calm, then I can further improve my English. Moreover, it can give me an unlimited imagination, so I can write books in the future. I can learn the different cultures and customs of other countries in the world too.

Finally, I recommend every person to read more and more, because reading is the food of our minds and spirit.

Hubble Space Telescope

The Hubble Space Telescope is a large telescope in space. Hubble is named after Edwin P. Hubble. He was an astronomer. An astronomer is a scientist who studies the planets, stars and space. Edwin P. Hubble made important discoveries about the universe in the early 1900s.

NASA launched Hubble in 1990. Hubble travels around Earth at about 5 miles per second.

Hubble faces toward space. It takes pictures of planets, stars and galaxies. It has seen galaxies that are trillions of miles away. Hubble also has seen comet pieces crash into the gases above Jupiter.

Scientists have learned a lot about space from Hubble pictures.

أ.محمد (ميرة)

LIFE IN THE PAST AND LIFE NOW

As long as there have been people, there has been technology, Technology and inventions have been a powerful force in the development of civilization.

First of all, people in the past didn't know neither fast cars nor planes. They used to travel by first vehicles which were very slow and uncomfortable. Trips had been long, hard and dangerous and people had travelled on foot or by horse. So their journeys were taking long time.

In the past people had died in many plagues and diseases. Letters had been only the means of communication.

These days people can communicate using an Internet, telephones, mobile phones. There are many modern medicines and vaccinations. All of these inventions made our life easier and safer.

Finally, I advise everyone to think, study and work hard, to discover the secrets of our universe that make our life easier and more comfortable.

A presentation about yourself

My name is Meera, I'm in grade eight. I'm 13 years old, I am from Jordan, but now I am in the UAE and I live with my family in a flat in Ajman. I have got round face and long black hair. My eyes are brown.

In my free time, I like reading stories and go shopping with my parents. My favorite sport is volleyball. I like to eat pizza in the restaurant. My favorite school subject is Math.

Finally, I am good at drawing, full of energy and wish to be an engineer when I grow up.

An exploration trip to the desert :

أ.محمد (ميرة)

I planned to go on an exploration trip to the desert with my friend Meera, we will take a tent, light clothes and a video camera. We have to be careful of dangerous snakes.

We are going there to find out about Arabian wildcats, where they live and what they eat. We will set up our video cameras to record them.

When we get home, we are going to use our videos to make a T.V documentary about Arabian wildcats.

Write a short paragraph about a famous explorer

Christopher Columbus was born in Italy, but lived in Spain for a long time. He was a seaman and made many sea voyages.

In 1492 the King of Spain gave him money to go to India. But Columbus decided to sail west to discover a new way to India.

He sailed with three ships, After sailing 4,000 miles, he reached land. Columbus believed that it was India, but it wasn't. It was a new continent. It was America. People began to speak about the land as "the New World".

Write about a job that you would like to have

When I grow up, I want to be a chemist, to be a chemist you should have numerical and technical skills. My work will be in a laboratory, I should wear a lab coat.

I want to find new discoveries in healthcare and medicine. I want to be the one to make the cure for all the diseases that are threatening families all over the world. I want to be able to help these people get better and see them live a longer and happier life without worrying about their health.

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