

تم تحميل هذا الملف من موقع المناهج الإماراتية



نماذج مواضيع الكتابة المسار المتقدم

[موقع المناهج](#) ⇨ [المناهج الإماراتية](#) ⇨ [الصف التاسع](#) ⇨ [لغة انجليزية](#) ⇨ [الفصل الثالث](#) ⇨ [الملف](#)

تاريخ إضافة الملف على موقع المناهج: 20:18:48 2024-05-21

إعداد: [Tayseer.Mrs](#)

التواصل الاجتماعي بحسب الصف التاسع



اضغط هنا للحصول على جميع روابط "الصف التاسع"

روابط مواد الصف التاسع على تلغرام

[الرياضيات](#)

[اللغة الانجليزية](#)

[اللغة العربية](#)

[التربية الاسلامية](#)

المزيد من الملفات بحسب الصف التاسع والمادة لغة انجليزية في الفصل الثالث

[الدليل الإرشادي للقواعد المقررة في الامتحان النهائي المسار العام](#)

1

[الدليل الإرشادي للقواعد المقررة في الامتحان النهائي المسار المتقدم](#)

2

[مواصفات الامتحان النهائي المسار المتقدم](#)

3

[مواصفات الامتحان النهائي المسار العام](#)

4

المزيد من الملفات بحسب الصف التاسع والمادة لغة انجليزية في الفصل الثالث

[التوزيع الزمني للخطة الفصلية للمقرر المسار المتقدم](#)

5

Writing grade 9- Advanced

With Mrs. Tayseer
+20 150 006 8304



To join our group [click here](#)

Food and drinks

1-Importance of Ingredients.

2-Impact of Unhealthy Foods and Portion Control.

3-Role of Education in Nutrition.

4-Benefits of Spices.

Food and drinks are essential parts of our lives, providing both nourishment and pleasure. The ingredients we choose are crucial, as they affect both the taste and healthiness of our meals. Fresh produce, such as fruits, vegetables, and grains, should be the foundation of our diets. These natural foods are packed with essential nutrients that our bodies need to function properly.

Unfortunately, many people consume unhealthy foods that are high in fats, sugars, and artificial additives. These processed foods can lead to serious health problems like obesity, diabetes, and heart disease. It's not just what we eat, but also the quantity that matters. Eating too much of anything, even healthy foods, can cause issues. Therefore, it's important to practice portion control.

Education plays a significant role in helping people make better food choices. Learning about nutrition can guide us in selecting healthier ingredients and understanding the importance of balance in our diets. For instance, knowing which foods are rich in vitamins and minerals can help us create more nutritious meals.

Spices are another key element in cooking, adding flavor and health benefits to our food. Spices like turmeric, cinnamon, and oregano not only enhance taste but also offer medicinal properties. Including a variety of spices in our cooking can make meals more enjoyable and nutritious.

In conclusion, focusing on fresh produce, controlling portion sizes, and educating ourselves about nutrition can lead to healthier eating habits. By making informed choices and using a variety of spices, we can enjoy delicious and healthy meals that benefit our overall well-being.

How can focusing on fresh produce, controlling portion sizes, and incorporating a variety of spices improve our overall health and enjoyment of food?

Focusing on fresh produce ensures that we consume foods rich in essential nutrients, vitamins, and minerals, promoting overall health and well-being. Controlling portion sizes helps prevent overeating and maintains a healthy weight, reducing the risk of obesity and related health issues. Incorporating a variety of spices enhances the flavor of meals without relying on excessive salt,

sugar, or unhealthy fats, making food more enjoyable while also providing potential health benefits from the spices themselves, such as anti-inflammatory or antioxidant properties. By combining these practices, we create balanced and flavorful meals that nourish our bodies and satisfy our taste buds, ultimately leading to better overall health and a greater enjoyment of food.

Mrs. Tayseer

Entertainment

1-Educational Value of Documentaries.

2-Role of the Director.

3-Importance of Location.

4-Collaboration and Challenges of Filmmaking.

Entertainment plays a vital role in our lives, offering us a break from daily routines and a source of enjoyment. Among the many forms of entertainment, documentaries stand out for their ability to educate and inform while keeping us engaged.

Documentaries are films that focus on real-life events, people, or issues, providing a deeper understanding of the world around us.

The director of a documentary is crucial in shaping the narrative and ensuring the story is told effectively. A skilled director can make a documentary compelling and thought-provoking, guiding the audience through complex subjects with clarity and insight. Directors often work closely with the studio, which provides the necessary resources and support to bring the documentary to life.

The location where a documentary is shot is another important factor. The setting can greatly influence the film's authenticity and impact. Whether it's the bustling streets of a city or the serene landscapes of nature, the location helps to immerse the audience in the story. Filming on location can be challenging, but it often results in incredible footage that captivates viewers.

To shoot a film, especially a documentary, involves meticulous planning and coordination. The director, crew, and studio must work together seamlessly to capture the necessary footage and tell a cohesive story. Despite the challenges, the process can lead to incredible results, producing films that educate, inspire, and entertain.

In conclusion, documentaries are a powerful form of entertainment that rely on the vision of the director, the support of the studio, and the authenticity of the filming location. Together, these elements can create incredible films that leave a lasting impact on their audiences.

How does the collaboration between the director, studio, and choice of location contribute to the creation of an incredible and impactful documentary?

The collaboration between the director, studio, and choice of location is vital for making a documentary impactful. The director shapes the story, while the studio provides resources and expertise. The location adds authenticity and visual interest. Together, they create a compelling film that resonates with viewers, informing and inspiring them.

Looking back

1-Importance of Traditional Practices.

2-Historical Significance of Trade.

3-Value of Cultural Diversity.

4-Impact of Increased Tourism.

Looking back at the past reveals a rich tapestry of traditional practices, trade routes, and cultural diversity that have shaped our world. Traditional customs and practices, handed down through generations, offer valuable insights into how our ancestors lived, worked, and celebrated. These traditions form the backbone of many communities, preserving a sense of identity and continuity.

Trade has always been a crucial element in connecting different parts of the world. Historically, coastal areas were significant hubs of trade, facilitating the exchange of goods, ideas, and cultures. These coastal trade routes not only boosted local economies but also introduced new products and customs, enriching cultural diversity.

Cultural diversity is one of humanity's greatest strengths. The blending of different traditions and customs creates vibrant communities with a broad range of cultural expressions. This diversity is evident in food, music, art, and festivals, making life more interesting and colorful.

In recent years, there has been an increase in tourism as people seek to explore and experience different cultures. Coastal regions, with their rich history and cultural heritage, are particularly attractive to tourists. The influx of tourists can boost the local economy, providing jobs and promoting the preservation of cultural sites. However, it is essential to manage tourism sustainably to protect these valuable cultural and natural resources.

In conclusion, looking back at our history highlights the importance of traditional practices, trade, and cultural diversity. These elements have shaped our societies and continue to influence our present. Increased tourism offers opportunities for economic growth and cultural exchange, provided it is managed responsibly.

How do traditional practices, historical trade routes, and cultural diversity contribute to the appeal and sustainability of increased tourism in coastal regions?

Traditional practices, historical trade routes, and cultural diversity make coastal regions attractive for tourism. They offer unique experiences and insights into local customs and history, drawing visitors. This diversity also ensures that tourism benefits local communities economically and culturally, making it more sustainable in the long term.

Mrs. Tayseer