

## تم تحميل هذا الملف من موقع المناهج الإماراتية



## مواضيع مقترحة تدريبية للامتحان النهائي المسار المتقدم

موقع المناهج ← المناهج الإماراتية ← الصف الحادي عشر ← لغة انجليزية ← الفصل الثاني ← الامتحان النهائي ← الملف

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المزيد من مادة  
لغة انجليزية:

## التواصل الاجتماعي بحسب الصف الحادي عشر



صفحة المناهج  
الإماراتية على  
فيسبوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

## المزيد من الملفات بحسب الصف الحادي عشر والمادة لغة انجليزية في الفصل الثاني

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Places	Health and fitness	Jobs
opportunity	risk	realistic
global	injury	treatment
inhabitants	challenge	technology
design	muscle	technique
climates	prevention	system
threat	cure	influence
permanent	physical	management

### **Health and Fitness in the UAE - Staying Active in a Modern World**

Write an essay about how people in the UAE can maintain physical fitness, focusing on the following points:

1. How regular exercise strengthens muscles and prevents injuries in challenging climates.
2. The importance of prevention techniques, like proper warm-ups and healthy diets, to reduce health risks.
3. How technology and fitness systems help individuals stay motivated and achieve realistic goals.

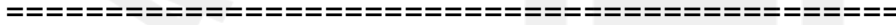


**EXAMPLE:**

Staying fit is important for everyone, especially in the UAE's hot climate. Regular exercise keeps muscles strong and prevents injuries. For example, activities like swimming or indoor workouts are great options to stay active without overheating.

Prevention is key to avoiding health issues. Simple techniques like warming up before exercise or eating a balanced diet reduce the risk of injury. These small steps make a big difference in long-term fitness.

Technology also plays a role in helping people stay healthy. Fitness apps and smartwatches track progress and keep users motivated. By setting realistic goals, anyone can improve their physical health. With the right approach, staying fit becomes easier and more enjoyable for UAE residents.



**Jobs and Technology in the UAE - Adapting to a Changing World**

Write an essay about how technology influences jobs in the UAE, focusing on the following points:

1. How new technologies create job opportunities but also pose challenges for workers.
2. The importance of learning management techniques to adapt to global changes in the workplace.
3. Why realistic training programs help employees prepare for permanent roles in evolving industries.

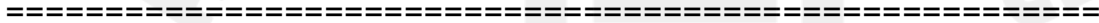


**EXAMPLE:**

Technology is changing jobs in the UAE, creating both opportunities and challenges. New tools and systems make work faster and more efficient, opening doors for skilled workers. However, some jobs may disappear as machines take over repetitive tasks.

To succeed, employees must learn modern management techniques. Training programs teach skills like teamwork and problem-solving, helping workers adapt to global trends. Realistic goals ensure that people are ready for permanent roles in growing fields like AI or renewable energy.

By embracing change, UAE workers can thrive in this tech-driven world. With the right mindset and preparation, technology becomes a tool for success rather than a threat.



**Places in the UAE - Designing Spaces for Healthy Living**

Write an essay about how well-designed places in the UAE promote health and fitness, focusing on the following points:

1. How parks and gyms provide opportunities for physical activity among inhabitants.
2. The role of climate-friendly designs in reducing health risks caused by extreme weather.
3. Why permanent solutions, like walkable neighborhoods, influence healthier lifestyles.

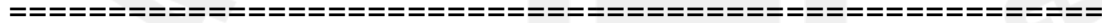


**EXAMPLE:**

The UAE's cities are designed to encourage healthy living. Parks, gyms, and sports facilities give residents plenty of opportunities to stay active. These spaces are especially important in urban areas where daily movement might be limited.

Designers also consider the UAE's hot climate. Air-conditioned malls and shaded outdoor areas let people exercise safely, reducing the risk of heat-related illnesses. Smart planning ensures that even in extreme weather, fitness remains accessible.

Permanent solutions, like walkable neighborhoods, inspire healthier habits. When people live close to shops or parks, they're more likely to walk instead of drive. Thoughtful designs not only improve health but also enhance the quality of life for all UAE inhabitants.



**Health Challenges in the UAE - Finding Cures Through Prevention**

Write an essay about how prevention and treatment help tackle health challenges in the UAE, focusing on the following points:

1. How physical fitness reduces the threat of chronic diseases like diabetes and heart problems.
2. The role of early detection and advanced treatments in curing illnesses effectively.
3. Why global collaboration helps find realistic solutions to health issues faced by UAE residents.



**EXAMPLE:**

Good health starts with prevention. In the UAE, staying physically active lowers the risk of serious diseases like diabetes and heart conditions. Simple habits, like walking daily or eating healthy, protect against these threats.

When illness occurs, early detection saves lives. Advanced treatments, such as surgeries or medications, cure many conditions if caught early. Hospitals in the UAE use cutting-edge technology to provide the best care possible.

Global partnerships also play a role in solving health challenges. Sharing knowledge and resources leads to realistic solutions tailored to the UAE's unique needs. By focusing on prevention, treatment, and collaboration, residents can enjoy healthier lives.

**Job Opportunities in the UAE - Balancing Risk and Reward**

Write an essay about how people in the UAE can find job opportunities while managing risks, focusing on the following points:

1. How ambition and hard work open doors to diverse career paths in a global economy.
2. The risks of ignoring new techniques and technologies in rapidly evolving industries.
3. Why realistic planning and continuous learning ensure long-term success in any job.

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**EXAMPLES:**

The UAE offers many job opportunities for ambitious individuals. Hard work and determination help people succeed in industries like tourism, finance, and technology. A global mindset is essential to thrive in this competitive market.

However, ignoring new techniques can be risky. Industries evolve quickly, and those who don't adapt may fall behind. Learning skills like digital tools or project management keeps workers relevant.

Realistic planning ensures steady progress. Setting achievable goals and pursuing lifelong learning prepares employees for permanent roles. By balancing ambition with practical steps, UAE residents can build rewarding careers despite challenges.

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**Managing Climate Threats in the UAE - Protecting People and Places**

Write an essay about how the UAE manages climate-related threats to protect its inhabitants, focusing on the following points:

1. How innovative designs reduce risks caused by extreme climates.
2. The importance of prevention measures, like green buildings, to safeguard health and property.
3. Why permanent systems, like water management, ensure sustainable living for future generations.



**EXAMPLE:**

The UAE faces unique challenges due to its extreme climate. Innovative designs, like air-conditioned public spaces, reduce risks for inhabitants during hot summers. These ideas make life safer and more comfortable.

Prevention is crucial to protecting health and property. Green buildings conserve energy and lower temperatures indoors. Planting trees and creating shaded areas also shield people from the sun's heat.

Permanent systems, like water management, secure resources for the future. Recycling wastewater and using solar power ensure sustainability. By addressing climate threats with smart solutions, the UAE protects its people and preserves its natural beauty for generations to come.

