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Reading (7 Marks):

Read the following article about body language, and then answer the following questions accordingly.

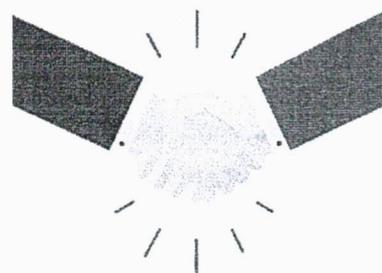
Body Language: Basics

How you move and gesture says as much about you as what comes out of your mouth.

A firm or a limp handshake?

Jenny Smith, 34, an assistant vice-president at a bank in New York, was interviewing candidates for a position which required a person with good people and communication skills. One candidate in particular stood out, but not in a good way. While she could have been very intelligent, her body language sent out very different messages. Her handshake was more of a finger shake, her eye contact was weak. To Jenny, what the candidate said didn't matter because her body language said everything: she wasn't suitable for the position. The candidate may have been quite appropriate, but she didn't manage to get that across. So our body language may not do us justice. But there are some signals which are very common and are worth a thousand words.

For example, a handshake can say much more than 'hello, nice to meet you'. The most important part of a handshake is palm-to-palm contact. It's even more important than how strong your handshake is. The palm-to-palm contact makes people seem honest: it seems to say 'I am sincere'. A weak handshake—when the palms don't touch—makes you seem unfriendly, insincere. But people sometimes use body language to give each other the wrong impression. Somebody who has a firm handshake may be pretending to be sincere, and somebody with a weak handshake may just be a bit shy and nothing more. Body language can also be overdone. While eye contact gives an impression of friendliness, too much eye contact or eye contact which is too intense can make people feel uncomfortable.



A. Read the text about body language and choose the best answer (A, B, or C).**1. The main aim of this text is to:**

- A. introduce the reader to body language.
- B. help the reader get a better job.
- C. show why handshakes are important.

2. The writer says that body language:

- A. is less important than words.
- B. is the best form of communication.
- C. tells us a lot about what people are like.

3. The candidate for the job failed because

- A. she wasn't clever enough.
- B. she said the wrong things.
- C. she had bad body language.

4. When you shake someone's hand you should

- A. say 'hello' at the same time.
- B. hold their hand tight.
- C. make good contact with their hand.

5. When can eye contact be a problem?

- A. When it is too friendly.
- B. When it lasts too long.
- C. When we do not feel relaxed.

B. Match the words in the box below with their definitions.

Note that there is an extra definition.

appropriate - impression

1. _____ impression _____ an idea or opinion about what something is like
2. _____ the act of doing something wrong
3. _____ appropriate _____ suitable or right for a certain situation

