

تم تحميل هذا الملف من موقع المناهج البحرينية



Revision for Exam 2

موقع المناهج ← المناهج البحرينية ← الصف الثامن ← لغة انجليزية ← الفصل الأول ← ملفات متنوعة ← الملف

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المزيد من مادة
لغة انجليزية:

التواصل الاجتماعي بحسب الصف الثامن



صفحة المناهج
البحرينية على
فيسبوك

الرياضيات

اللغة الانجليزية

اللغة العربية

التربية الاسلامية

المواد على تلغرام

المزيد من الملفات بحسب الصف الثامن والمادة لغة انجليزية في الفصل الأول

Writing unit 2 stress	1
فقرات اللغة الإنجليزية	2
اختبار تجريبي	3
قواعد اللغة الإنجليزية	4
The Effects of worrying	5



2nd Intermediate Revision – Exam 2

1st Semester – November 2024

Listening:

A. Click and listen to the recording and answer the questions.

[Clothing-Styles-Listening.mp3](#)

1. What does the man plan to wear during the summer months?

- A. light pants
- B. casual shoes
- C. a cool hat

2. What is one thing the man is NOT going to pack for the winter season?

- A. a jacket
- B. a coat
- C. some sweaters



3. What is the weather like in the spring?

- A. windy
- B. rainy
- C. cool

4. When will the man need formal clothes?

- A. a wedding
- B. a business meeting
- C. a party



5. What did the man wear to his high school graduation?

- A. a suit and dress shoes
- B. jeans and tennis shoes
- C. a casual shirt and tie



Reading:

Read the following passage and answer the questions below.

Effects of Anger

Anger can be really bad for us. It can make our bodies and minds feel worse. **Let's start with** the physical effects. When we get angry a lot, it can make us really stressed out. And this stress is not good for our hearts. It can make our blood pressure go up, and it can even cause heart problems and strokes. Anger can **also** make it hard for us to get along with people. When we explode in anger, it can hurt our relationships with friends, family, and coworkers.



Another way anger is bad for us is how it affects our mental health. When we're really angry, it's hard to think clearly and make good choices. We might say or do things without thinking, and then feel really bad about it later. This can make us feel guilty, ashamed, and even depressed. And if we hold onto anger for a long time, it can make us bitter and annoyed, which can make us unhappy.



The last way anger can hurt us is by making our lives worse overall. When we're always angry, it's hard to enjoy the present moment or do things we used to like. It can also make it hard for us to have good relationships with people, which can make us feel lonely and isolated.

To sum up, anger can have a lot of bad effects on us. It can hurt our bodies, strain our relationships, make us feel bad mentally, and make our lives less enjoyable. It's important to find healthy ways to deal with anger so that it doesn't cause these problems.

Choose the correct answer:

1. What is a bad effect of anger?

- a) It makes us healthier
- b) It increases stress
- c) It strengthens relationships
- d) It improves decision-making



2. How can anger affect our physical health?

- a) It can lower blood pressure
- b) It can cause heart disease
- c) It can reduce the risk of stroke
- d) It can make us happier

3. What happens to our mental well-being when we're angry?

- a) We think clearly
- b) We make better decisions
- c) We feel guilty and ashamed
- d) We become happier

True/False Questions:

- 1. Holding onto anger can make us bitter and annoyed. ()
- 2. Anger helps us maintain positive relationships. ()

Wh-Questions:

- 1. What are some bad things that can happen when we're angry?

- 2. Why is it important to handle anger in a healthy way?



Answer key:

Listening

1. A. light pants
2. B. a coat
3. B. rainy
4. A. a wedding
5. B. jeans and tennis shoes

Multiple Choice:

1. Answer: b) It increases stress
2. Answer: b) It can cause heart disease
3. Answer: c) We feel guilty and ashamed

True/False Questions:

1. Answer: True
2. Answer: False

WH questions:

1. Answer: When we're angry, some bad things that can happen include increased stress, strained relationships, negative impact on mental well-being, and decreased overall life satisfaction.

2. Answer: It's important to handle anger in a healthy way because it helps us avoid negative effects on our physical and emotional well-being, relationships, and overall happiness.



Writing:

Unit 2 A Report about The Benefits of Worrying

Write a report in 110-130 words about the positive effects of worrying. Include the following:

- an introduction
- 3 to 4 ideas (benefits of worrying)
- a conclusion.



Use: (to begin with, additionally, another way, the final way, to sum up)

The Benefits of Worrying

Handwriting practice area with horizontal dashed lines for writing the report.



Unit 2 A report about The Effects of Worrying

Write a report in 110-130 words about the positive effects of worrying. Include the following:

- an introduction
- 3 to 4 ideas using
- a conclusion.

Use: (to begin with, additionally, another way, the final way, to sum up)

Benefits of Worrying

Worrying can sometimes be a good thing, even though it usually has negative effects. Here's why:

To begin with, when parents worry about their kids, it shows that they really care about them.

They want to make sure their children are safe and happy.



Additionally, worrying can actually help us be more creative. When we face big problems and worry about finding solutions, our brains start thinking in new ways.



The final way, believe it or not, worrying can sometimes prevent bad things from happening. For example, if we worry about getting sick, we take steps to protect ourselves.

To sum it up, worrying too much can hurt our mental health, but a little bit of worry can actually be helpful in certain situations.



Key words to study

Word	Arabic Meaning	English Definition
Worrying	القلق	Feeling uneasy or concerned about something
Positive	إيجابي	Having a favorable or beneficial effect
Effects	تأثيرات	Consequences or results of an action or event
Even though	على الرغم من	Despite or in spite of
Care	العناية	Taking measures to ensure safety or well-being
Safe	آمن	Free from danger or risk
Creative	إبداعي	Having the ability to produce or use original and imaginative ideas
Solutions	حلول	Answers or methods to solve problems
Prevent	يمنع	To stop or avoid something from happening
Steps	خطوات	Actions or measures taken to achieve a goal
Protect	يحمي	To keep something or someone safe from harm or danger
Mental health	الصحة العقلية	The state of a person's psychological and emotional well-being
Helpful	مفيد	Providing assistance or benefit
Certain	معين	Definite or specific
A little bit	قليلاً	To a small extent
Situation	وضعية	A set of circumstances or conditions