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Theme 3

Health and Safety

Theme 3 Overview Health and Safety

Sedentary(adj)		Spending a lot of time sitting down
Diet(n)		The food that you eat or drink regularly
Vital(adj)	حيوي	Necessary or essential for success
Diabetes(n)		The increase of sugar in blood
Obesity(n)		overweight
depressed(adj)		Very sad and without hope
beneficial(adj)	مفيد	Improving a situation , useful
issue(n)		topic
Aware of(adj)		know
range(v)	يتنوع	Vary - differ
potential(adj)		Has the possibility of developing in a particular way
hazard(n)		Danger or risk, anything which could cause harm
prevent(v)	يمنع	stop
cyclone(n)		Violent tropical storm. Strong winds move in a circle
Plenty of	كثير من	Much of – a lot of -
typical(adj)		ideal
Tend to(v)	يميل الي	like
occur(v)	يحدث	Take place- happen
reduce(v)	يقلل	Make something less – cut down
add(v)	يضيف	To put sth with sth else to increase it
replace(v)	يستبدل	change
manufacturers		Producers - makers
snacks(n)	وجبات خفيفة	Small meal or amount of food eaten in a hurry
moderation		Being reasonable not extreme. Fair
Stuffed(adj)		Full up
balance		Different things exist in equal, correct or good amount
maintain(v)	يصون	keep
portion(n)	-	part
satisfied(adj)		Full up
Benefit(n)		advantage
Saunter(v)	يتمشي ببطء	Walk in a slow and relaxed way
psychological		Relating to the way our minds work
soar(v)	يأتهب	Increase quickly to high level
Adhere(v)	يلصق	Stick firmly to something
constant(adj)		continues
Label(n)	بطاقة تعريف	A piece of paper gives information about the product
Alternative(n)	بديل	substitute

Experience "series"

Grade 12 B

VOCABULARY 1 (Items 1-5)

(2½ marks)

For each item, shade in the bubble under the correct option.
(There are three extra words in the box.)

Recent research shows that people who keep themselves physically fit are less likely to develop high blood (1)_____. Exercise can (2)_____ the risk of heart disease and other illnesses in several ways. Firstly, it can help with lowering cholesterol in the blood. Secondly, it can help (3)_____ people to lose weight. Thirdly, it has psychological benefits, helping to (4)_____ depression and increasing people’s general sense of well-being. So it is (5)_____ to develop a healthy lifestyle including daily exercise.

reduce hazards pressure relieve slim obese crucial increase

- | | | | | | | | | |
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| 2. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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VOCABULARY 2 (Items 6 – 10)

In each sentence, complete the word in the space provided.
You are given the first letter(s) of the word.

Make sure your **spelling is correct**.

- 1- I like that shirt but it does not have a price **la** _ _ _ on it.
- 2- Everyone should be **aw** _ _ _ of the risks of fast food.
- 3- People with diabetes must walk fast not just **sau** _ _ _ _ .
- 4- Web security is really a hot **iss** _ _ .
- 5- Daily exercise can help you **pre** _ _ _ _ sudden heart problems.
- 6- Cyclones usually **oc** _ _ _ in February in the gulf region.
- 7- **Obe** _ _ _ _ can increase the risk of heart disease.
- 8- I couldn't eat another thing. I am absolutely **stu** _ _ _ _ .
- 9- If you don't include proteins in your **d** _ _ _ , you won't have strong muscles.
- 10- He always smiles and shows a **pos** _ _ _ _ _ attitude towards others.

Theme 3 unit 2 Safety in and around the Home

Potential(adj)		Has the possibility of developing in a particular way
hazard(n)		Danger or risk, anything which could cause harm
Electrocute(v)	يكهرب	To injure or kill sb by passing electricity through their body.
toddler(n)		A child who has recently learnt to walk
swallow(v)	يبتلع	To make food go down your throat into stomach
poison(n)		A substance that causes death if it is eaten
locked(adj)		Put in a safe place
spread(v)	ينتشر	Cover a larger and larger area
supervise(v)	يشرف علي	Be in charge of something or someone
Barbecue(n)		A metal frame for cooking food on open fire outdoors
Properly(adv)	صحيح	correctly
type(n)		Kind- sort
injury(n)		Harm to a person's body
burns(n)		An injury caused by fire, heat or acid
scald(n)		An injury to the skin from very hot liquid
Consider(v)	يفكر في	Think of
avoid(v)	يتجنب	Prevent something bad from happening
place(v)	يضع	put
fence(n)		A structure made of wood or wire
shed(n)	حظيرة	Small building of wood or metal for keeping things
ensure(v)	يضمن	Make sure
pour(v)	يصب	Make a liquid flow from a container
extinguish(v)	يطفى	Put out. Make fire stop
Smoke alarm	انذار حريق	Device to warn against fires
appliances(n)	اجهزة	Machines used at home
cooker(n)		Piece of equipment for cooking food.
store(v)	يخزن	Keep something to use later
Expiry date(n)	تاريخ الصلاحية	A date after which something shouldn't be used
Raw meat(n)	لحم غير مطهي	Uncooked meat
poultry(n)		Chickens, ducks and geese
harmful(adj)		Causing damage
explode(v)	ينفجر	Blow up - burst

Gerunds and infinitives

الإفعال الآتية يأتي بعدها فعل مضاف له **:ing**

enjoy	يستمتع	resist	يقاوم
miss		admit	يعترف
avoid	يتجنب	resume	يستأنف
keep	يكبره	spend (time)	يقضي
risk	يخاطر ب	put off	يؤجل
imagine	يتخيل	delay	يؤخر
finish	ينهي	postpone	يؤجل
practise	يمارس	celebrate	يحتفل
suggest	يقترح	can't stand	لا يستطيع أن يتحمل
consider	يفكر في	endure	يتحمل
Give up	يتوقف عن	appreciate	يقدر
deny	ينكر	complete	يكمل
mind	يمانع	quit	يتوقف عن

الإفعال الآتية يأتي بعدها **:to + inf.**

choose	يختار	threaten	يهدد
prepare	يستعد	swear	يقسم
agree	يوافق	offer	يعرض
want	يريد	arrange	يرتب
decide	يقرر	fail	يفشل
hope	يأمل	lead	يؤدي الي
learn	يتعلم	guarantee	يضمن
hesitate	يتردد	determine	يضمم
plan	يخطط	refuse	يرفض
promise	يعد	volunteer	يتطوع
neglect	يتجاهل	hurry	يسرع
need	يحتاج	deserve	يستحق
help	يساعد	wish	يرغب
attempt	يحاول	expect	يتوقع
pretend	يتظاهر	request	يطلب
seem	يبدو	tend	يميل
prove	يثبت / يبرهن	manage	يتمكن

الإفعال الآتية يأتي بعدها **to + inf.** أو فعل مضاف له **:ing**

hate	يكبره	Like- love	يحب
begin		prefer	يفضل
continue		try	
start		stop	
remember		forget	

ولكن لاحظ أنه إذا استخدمنا **would** (like - love - prefer) لسابقة فانه يأتي بعدها **to + inf.**

♣ I'd like to finish my work early today.

Experience "series"

Grade 12 B

الأفعال و الظروف الآتية يأتي بعدها **to inf.**

had better	ينبغي	would rather	يفضل
let	يسمح	make	يرغم

- ♣ She **would rather stay** at home.
- ♣ Let me **have a look** at that letter.

الأفعال الآتية يمكن أن يأتي بعدها **to + inf.** أو فعل مضاف له **ing** مع وجود اختلاف في المعنى:

Stop to + inf	يتوقف لكي يفعل شي	Stop + v+ ing	يتوقف عن فعل
I stopped to eat in a restaurant.		I stopped eating in restaurants.	
Remember to + Inf	يتذكر ان يفعل	Remember + V + ing	
He remembered to close the door.		He remembered closing the door.	
Forget to + inf	ينسى ان يفعل الشي	Forget+ v + ing	يفعل الشي وينسى ذلك
I forgot to do my homework		I forgot doing my homework	
Regret to + inf	يندم لأنه مضطر ان يفعل الشيء	Regret+ v+ ing	نادم على شيء فعله فعلا
I regret to report the police about him.		I regret reporting the police about him	

♣ **to v + ing** في التعبيرات الآتية:

Object to	يعترض علي	Look forward to	يتطلع الي
Thanks to		Contribute to	يساهم في
Owing to		In addition to	
Due to		Be used to	

♣ **to + inf.** أو فعل مضاف له **ing** : الأسماء والصفات الآتية يمكن أن يأتي بعدها

It + be + adjective+ to + inf	It + be + adjective+ to + inf
It is important to work hard	It is difficult escaping school
It is wonderful to see you again	It is wonderful seeing you again
He was ready to give his life for his country.	It was difficult recognizing the robber.
It + be + Noun + to + inf	
It is time to leave now.	
It is time to go to bed.	

GRAMMAR 1 (Items 1-5)

(2½ marks)

For each item, shade in the bubble next to the correct option.

1. My friend suggested _____ for a picnic on the beach.
 to go went going goes
2. He hopes _____ a prize for his schoolwork.
 to win won winning wins
3. She managed _____ the problem at the end.
 to solve solved solving solves
4. Musicians practise _____ their instruments for many hours a day.
 to play played playing plays
5. Everyone agreed _____ at the airport.
 to meet Of meeting meeting meets
6. Leila promised _____ her mother as soon as she got to school.
 to phone phoned phoning phoned
7. I enjoy _____ football matches in the stadium.
 to watch watches watching watch
8. At last , I managed _____ this complicated problem
 to solve solve solving solved
9. They suggested _____ their aunt the week after.
 To visit visit visiting visited
10. I'd like _____ a cool drink.
 have To have having had
11. When the telephone rang, he stopped _____ in order to answer it.
 to eat eat eating ate
12. She decided _____ a present for him on his birthday.
 to buy buy buying bought
13. They hope _____ a job they enjoy doing.
 to get Of getting got getting
14. What do you plan _____ to do in the summer?
 to do doing does did

15. The boys have arranged _____ football after school.
 to play play playing will play
16. We are looking forward to _____ out at the weekend.
 to go went going goes
17. Ali has decided _____ science at university.
 to study studied studying studies
18. Do you expect _____ your work early today?
 to finish finished finishing for finish
19. I regret _____ to the cinema. It was not a good film.
 to go went going go
20. The audience didn't clap until she had stopped _____.
 to sing Of singing singing sing
21. Before you go to London, you should practise English.
 to speak speaking speak spoke
22. She offered me a lift to the station in her car.
 to give give giving gave
23. If I were you, I'd avoid into the city during the festival.
 to travel travel travels travelling
24. Would you mind _____ me with this problem?
 to help help helping helps
25. We have to leave to the airport. It is time _____ our flight.
 catch to catch with catch caught

GRAMMAR 2 (Items 6–10)

[2½ marks]

Complete the text. Fill each gap with **ONE** word only.

Yesterday, I was kept a bit late at work. When I finished, the train
 (6) _____ already left. I had to wait (7) _____ the next train. I
 felt hungry, but I stopped (8) _____ in restaurants long ago. If I hadn't
 been hungry, I (9) _____ have done that. I do not like (10) _____
 meals in restaurants as they contain too much fats and salt.

Prepositions of time

at	on	in
At.....o'clock	On Friday	In 1999
At 10 a.m	On my birthday	In 18 th century
At night	Sunday	In March
At lunch time	16 th April	In the morning
At sunset	On holiday	In the summer

Fill in the spaces with the correct preposition

- ☐ I get up 5 o'clock every day.
- ☐ we can see the stars in the sky night.
- ☐ holiday, I go swimming in the sea.
- ☐ I usually visit my grandma Friday.
- ☐ my birthday, I get lots of presents.
- ☐ 15 March 1995, I got my first job.
- ☐ It's always hot Summer.
- ☐ I was born 1995.
- ☐ Hala usually does her homework the evening.

Some other examples of prepositions of time

after	During	since
before	for	until

PREPOSITIONS OF PLACE

at	on	in
school	On page	In Oman
work	On the wall	In Muscat
office	On the left	In the mountains
home	On the table	In my pocket

Fill in the spaces with the correct preposition

- ☐ I live a small house..... Khasab.
- ☐ My father works..... a big company Muscat.
- ☐ He went into the restaurant and sat a big table.
- ☐ Have you seen the notice the board?
- ☐ Open your skills book page 20.
- ☐ There is no one the room.
- ☐ When we were..... Egypt, we saw the pyramids.

Some other examples of prepositions of place

above	beside	near	over
around	between	Next to	under
behind	down	opposite	through

Theme 3 unit 3 ✨

Be prepared!

Prone to (adj)		Likely to suffer from something bad
Disaster(n)		Unexpected bad accident
prevent(n)	يمنع	To stop something from happening
hurricane(n)		Violent storm with very strong winds
flood(n)	فيضان	A large amount of water covering an area
cyclone(n)		Violent tropical storm in which winds move in a circle
avalanche(n)	انهيار جليدي	A mass of snow and ice that falls the side of a mountain
typhoon(n)	عاصفة مدارية	A violent tropical storm with very strong winds
tsunami(n)		An extremely large wave in the sea
tornado(n)		Violent tropical storm in which winds move in a circle
earthquake(n)		A violent sudden shaking of the earth surface
Torrential rain	مطر غزير	Heavy rain
Enormous(adj)		Massive -
destruction(n)		The result of something having been destroyed
Affect (v)	يؤثر علي	To produce a change in somebody or something
rescue(v)	ينقذ	Save from dangerous situation
infrastructure	البنية التحتية	Basic features essential to a country, roads , elect
assist(v)	يساعد	Help - aid
restore(v)	يسترد	Return to its former situation
emergency(n)		Unexpected and dangerous situation
waste(n)		Unwanted substances, rubbish
lifeguard(n)		A person who is employed to rescue people in the water
drown(v)	يعرق	To be because of being underwater
instructor(n)		trainer
educate(v)	يعلم	teach
Slope(v)	ينحدر	To be at an angle higher than the other surface
rapidly		quickly
attempt(v)	يحاول	Make an effort to try to do something
immune(adj)	يحصن	Can't be affected by a particular disease
Focus on(v)	يركز علي	Concentrate on
benefit(n)		advantage
hazard(n)		Danger - risk
erupt(v)	يثور	Set off suddenly and send off hot lava
alert(v)	يحذر	Warn about a dangerous situation
Evacuate(v)	يخلي	Move people from a place of danger to a safer place

VOCABULARY 2 (Items 6 – 10)

In each sentence, complete the word in the space provided.

You are given the first letter(s) of the word.

Make sure your **spelling is correct**.

- 1- Stairs are a **haz**_ _ _ for young children.
- 2- I have not met my cousin since he was a **tod**_ _ _ _ .
- 3- They killed the rats by using strong **po**_ _ _ _ .
- 4- The news of her marriage **spr**_ _ _ quickly.
- 5- The goalkeeper is out of the team because of **inj**_ _ _ .
- 6- He studied long hours to **avoid** getting low marks.
- 7- You should **pl**_ _ _ knives out of reach of children.
- 8- Nowadays micro ships can **st**_ _ _ huge amounts of information.
- 9- Young children shouldn't be home alone. They may **ha**_ _ themselves.
- 10- Get rid of expired batteries as they may **ex**_ _ _ _ and cause fire.
- 11- A good brand cream can **pre**_ _ _ _ sunburns.
- 12- Cyclone Gono was the worst **dis**_ _ _ _ that hit Oman.
- 13- This winter the region was struck by devastating **fl**_ _ _ _ .
- 14- He died while trying to **res**_ _ _ a child from a burning house.
- 15- Now it has become easy to **ale**_ _ people about tornedoes.
- 16- Fires can start suddenly and **sp**_ _ _ _ fast.
- 17- You always need to check the **la**_ _ _ on food packages.
- 18- Schools can help to **edu**_ _ _ _ children about water safety.
- 19- The scientist will first **ana**_ _ _ _ the results of their research then write a report.
- 20- I put my teachers name down as a **ref**_ _ _ _ for this job application.
- 21- The first **can**_ _ _ _ _ _ for the job arrived ten minutes late for the interview.
- 23- Snakes **h**_ _ _ birds and mice as their prey
- 24- Desert plants can **sur**_ _ _ _ on little amounts of water.
- 25- I don't like working for one **emp**_ _ _ _ . I prefer being my own boss.
- 26- Unless you are **acc**_ _ _ _ _ , you can't work as an accountant.
- 27- Do you think that testing new drugs on animals is **eth**_ _ _ _ ?
- 28- Don't swim far from the **sh**_ _ _ . The current is strong.
- 29- My brother has an **obs**_ _ _ _ _ with t-shirts. His cupboard is full.
- 30- Some of the most serious accidents **occur** at the kitchen.

READING 1 (Items 1-7)

(7 marks)

Read the texts. Are the statements which follow each text **True** or **False**?
For each item, shade in the bubble under the correct option.

1. In a tragic accident. A Jet plane has crashed while trying to land last night. 150 passengers out of the 200 who were on board have been killed. The police is still investigating the cause of the crash.

Statement

True	False
------	-------

Fifty passengers survived the tragic plane crash last night.

2. Ali Al Habsi started playing as a goalkeeper for Lyn Oslo, one of the oldest clubs in Norway. He played for three seasons, and was voted Norwegian Goalkeeper of the Year in 2004. In 2006, he got a transfer to the English premier league.

Statement

True	False
------	-------

Al Habsi failed to achieve success in Norway.

3. The Dead Sea is a fantastic place to where tourists can enjoy relaxing in its gentle waters. It is impossible to sink! You can also massage yourself with black Dead Sea mud, which contains therapeutic minerals to make your skin soft.

Statement

True	False
------	-------

The dead sea is a dangerous place for swimming.

4. Princess Diana met her end in a tragic car accident in Paris on 31 August at the age of thirty-six. She was interested in world events and had a great desire to help in charity work. She was always in the news.

Statement

True	False
------	-------

Princess Diana died in her teenage.

5. The World Health Organization has declared the Zika virus a global public health emergency. The infection is suspected of leading to thousands of babies being born with underdeveloped brains. It is spread by Aedes mosquitoes.

Statement

True	False
------	-------

The zika virus is mostly dangerous to old people.

READING 2 (Items 8-13)

(6 marks)

Read the two texts. Then for each item, shade in the bubble next to the correct option.

TEXT 1

The purpose of advertising is to tell the consumer about any new product or service or any new promotion on the existing product and service. But do really advertisements help us make good decisions when we go shopping?

Advertising has lots of benefits as it tells us when new and improved products become available and keep us informed about prices. Prices change all the time, but everyone can look at the ads in the newspaper and see what the latest prices are. Advertisements also inform us about sales. In fact, some people surf the web only in order to check the prices and plan their weekly shopping.

For example, many grocery stores now sell prepackaged lunches. These are very convenient for busy parents. They can give these lunches to their children to take to school. Busy parents don't have time to look at every item on the store shelf, so without advertising they might not know about such a convenient new product.

8. The goal of advertisements is to inform customers about _____
- pervious products existing products and services only services available
9. Some customers need advertising in order to _____ their shopping.
- increase cancel plan
10. Ready-made meals are best suitable to _____
- Busy people adults Free consumers

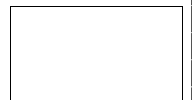
READING 2 (continued)TEXT 2

On the other hand, the levels of advertising are just too much these days. You cannot walk down the street, ride on a bus, watch television or read your email without seeing advertisements. People shouldn't have to have their lives attacked by a huge quantity of information they might not want.

What makes me angry is that advertising gives the impression, especially to children, that they can and should have everything they want. This makes people too interested in material things. People are becoming more selfish and obsessed with their possessions, and losing their values of patience, hard work, moderation and the importance of non-material things like family and friends. This harms their relationships and their personal development, which has serious effects for society as a whole.

Advertising gives an unfair advantage to big businesses. Small companies might have much better products, but they cannot afford to advertise them as well and so people don't find out about them. This restricts the quality of products for consumers, and places a huge roadblock to the success of small businesses.

11. _____ of advertisements annoys many people.
 disappearance overspread development
12. Some ads make children _____ with buying everything they see.
 negative obsessed generous
13. Advertising is a good supporter to _____ businesses.
 big small no



Theme 3 Unit 4 - Sport and Health

pressure(n)		stress
Benefit(n)		An advantage - merit
posture(n)		The position in which you hold your body
risk(n)		Danger
diabetes(n)		Disease when there is much sugar in blood
cancer(n)		Dangerous disease
obesity(n)		overweight
beneficial(adj)	مفيد	useful
depressed(adj)		Very sad and without hope
disorder(n)		Not working well
Aim to(v)	يهدف الي	To try or plan to achieve something
promote(v)	يشجع	increase
lifestyle(n)	نمط الحياة	The way in which you live and work
sedentary(adj)		Spending a lot of time sitting down
sailing(n)		Activity or sport of travelling in a boat with sails
escape(v)	يهرب	Run away
workout	تدريب	A period of physical exercise to keep fit
kitesurfing(n)		The sport of riding on water using a board
proper(adj)		Accurate and correct
rugby(n)		sport
annual(adj)		yearly
tournament(n)		competition
Similar to(adj)	مشابه ل	like
Last for(v)	يستمر	continue
bounce(v)	يقفز	Move away quickly

Expressing personal viewpoints

For me	
In my view	
I really think that.....	Without a doubt
Personally speaking	the way I see it
As far as I am concerned	
I strongly believe that	I honestly believe that

VOCABULARY 1 (Items 1 – 5)

Complete the text. Use the words in the box.

For each item, shade in the bubble(○) under the correct option

Our world is marked by its ⁽¹⁾ _____ changes in many aspects of our life including job opportunities. Hence comes the importance of Lifelong learning which goes on for life, from the time you ⁽²⁾ _____graduate until you retire . This is integral to job requirements, as ⁽³⁾ _____ do not offer permanent jobs. We must go on learning the skills ⁽⁴⁾ _____ for different jobs. Companies pay a lot to provide training for their employees .Lifelong learning helps us to acquire the knowledge and skills needed in the ⁽⁵⁾ _____ market.

graduate required slow rapid employees job employers neglected

- | | | | | | | | | |
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| 1. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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VOCABULARY 2 (Items 6 – 10)

Complete the text. Fill each gap with **ONE** word only. [2½ marks]

6. You shouldn't **ri**_ _ your life on swimming in a rough sea.
7. Celebrities have helped **pro**_ _ _ _ charity work.
8. Flu and cold often have **si**_ _ _ _ symptoms
9. Muscat festival is an **ann**_ _ _ event that attracts many visitors.
10. Students with no study plans come under **pre**_ _ _ _ during exams.

Theme 3 Unit 5 ✨ What Do You Think?

Carry out(v)	ينفذ	To do and complete a task
establish(v)	يؤسس	Set up – start or create an organization
raise(v)	يزود	Increase the amount of something
Awareness(n)		Knowing that something exists and is important
Rely on(v)	يعتمد علي	Depend on
Measure(n)		An official action that is done to achieve a task
garbage(n)		Waste or rubbish that is to be thrown away
destruction		Result of something having been destroyed
earthquake(n)		Sudden shaking movement of the ground
emergency(n)		Unexpected and dangerous situation
hurricane(n)		Violent storm with extremely strong winds
jogging(n)		Activity of running at a slow and steady speed
lifeguard(n)		Person whose job is to save swimmers who are in danger
litter(n)		Rubbish left lying in a place
posture(n)		Position of your body when you sit or stand or walk
Prone to		Likely to have or be affected by something
restore(v)	يسترد	Return something to its former situation
sore(adj)	ملتهب	painful
Torrential(adj)	غزير	Pouring down in a very fast strong way
Survey(n)		

VOCABULARY 2 (Items 6 – 10)

Complete the text. Fill each gap with **ONE** word only. [2½ marks]

6. Good **pos**_ _ _ _ is essential when working at the computer.
7. The campaign aims to **ra**_ _ _ awareness of the risks of pollution.
8. It is not **pro**_ _ _ to leave toddlers alone at home.
9. These days we **re**_ _ heavily on computers to organize our work.
10. People who do not exercise regularly are **pr**_ _ _ to health problems

VOCABULARY 1 (Items 1 - 5)

Complete the text. Use the words in the box.

For each item, shade in the bubble() under the correct option

For a successful job interview, you should follow some tips. First, you must arrive in ⁽¹⁾_____ of time for the interview, so that you give yourself a little time to ⁽²⁾_____before it begins. You have to ⁽³⁾_____ your best for the interview. Try to find out if the company has certain regulations about dress. Try to dress according to their regulations. If they don't allow their ⁽⁴⁾_____ to come to work in casual wear, you may ⁽⁵⁾_____ your chances for a job by wearing the wrong sort of clothes.

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VOCABULARY 2 (Items 6 - 10)

Complete the text. Fill each gap with **ONE** word only. [2½ marks]

6. Parents must be **aw** _ _ _ of the dangers posed by plastic bags.
7. Keep liquid packets for the **lau** _ _ _ _ and dishwasher away from your children.
8. Wearing a **hel** _ _ _ is a good way to reduce cycle injuries.
9. Don't **le** _ _ _ children unsupervised near a barbecue.
10. Boys are more likely to have **acc** _ _ _ _ _ than girls.

GRAMMAR 1 (Items 1-5)

(2½ marks)

For each item, shade in the bubble next to the correct option.

1. Students _____ be at school at 7.am.on school days.
 must have to should shouldn't
2. Have you noticed how _____ this morning?
 It is cold Cold it is Is it cold Cold is it
3. Can you tell me how much _____, please?
 Is it It is does it It does
4. If you want to join university, you _____ work harder.
 need to shouldn't don't have to mustn't
5. I wasn't hungry , so I didn't eat _____
 something anything nowhere nothing
6. I ----- a shower when you phoned me yesterday.
 have had Was having Is having
7. I could be aware of the dangers _____ accidents can be avoided.
 to because for So that
8. You are late. The match started half an hour _____
 since ago for after
9. For your safety, never pour petrol _____ a barbecue
 with of onto from
10. Rugby is _____ popular than football.
 as most less so

GRAMMAR 2 (Items 6-10)

[2½ marks]

Complete the text. Fill each gap with **ONE** word only.

Speaker A: I tried to call you yesterday, but you ⁽⁶⁾ _____ answer.

Speaker B: I am sorry, my mobile ⁽⁷⁾ _____ switched off.

Speaker A: That is strange! ⁽⁸⁾ _____?

Speaker B: My father took it ⁽⁹⁾ _____ my exam results were not good. He was very angry with me but he gave it backed only an hour ⁽¹⁰⁾ _____

Evaluative Writing

Model Evaluative Essay Format

It is clear that..... is a hot issue nowadays. A lot of people argue about its advantages and disadvantages because it affects the lives of many people in our country. It also occupies the minds of increasing numbers of our nation. To me, I completely..... with it.

One advantage of is that it makes our life easier and better because For example,..... because.....

Another good point about is that because..... For example.....

On the other hand, there are some disadvantages to..... One big problem about it is that because..... for example.....

To summarise, although can be positive and have lots of benefits, we should consider and avoid its side effects and dangers.

Steps needed to write evaluative essay

To start: There is no doubt that _____ is really a hot topic. I believe that_____. I have several reasons for my opinion.

To introduce advantages: The most important advantage to -----is that -----
Another point of view in favour of _____ is that _____

To me _____ to other people _____

To introduce disadvantages:

On the other hand, there are some disadvantages to _____

Although _____ has lots of good points, it has also some bad points.

One disadvantage of _____ is that _____

To introduce examples : for example – for instance – such as - like

To introduce conclusion: To sum up – All in all – Finally – To summarise

WRITING 1

Write at least 100 words on the following topic:

Supermarkets should stop giving customers free plastic bags.

Do you agree? Give your reasons.

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Model Answer

Is it better for Omani students to study abroad or at home?

Many Omani students think about studying abroad rather than at home, although not all students have the option. But there are advantage and disadvantages to both.

One advantage of studying abroad is that it can improve students' language skill. A degree from a foreign university can lead to better job opportunities.

On the other hand, a disadvantage of studying abroad is that it is very expensive. In addition, students may suffer from homesickness and culture shock.

An advantage of studying at home is that students are close to their family and friends. They are in a comfortable and familiar environment.

However, a disadvantage is that the choice of subjects may be more limited. Also, students will not develop the same kind of independence and self-confidence as students who study abroad.

To summarise, although studying abroad can be a very positive experience, individual Omani students should consider carefully whether it is the right choice for them.

Example of evaluative essay

The best ways to improve road safety in Oman

Although the number of road accidents in Oman have decreased in recent years, I believe that there are several things that we can do to make our roads safer.

In my view, there should be stricter laws to improve child safety in cars. We often see small children without seat belts. This is extremely dangerous because it is very distracting for the driver and can lead to accidents.

I think that training for driving instructors should be better as they lack qualifications and experience in teaching. To be a driving instructor, you need to be Omani, to have to have a driving license for five years, to be fit and be able to read and write. However, this is not enough to be able to teach someone to drive well.

Speed cameras are effective but I don't believe that installing more cameras alone will help to improve road safety. We need to introduce other measures too. For example, putting in more speed pumps in residential areas will help to slow traffic down and reduce accidents.

In conclusion, I believe that all the ways mentioned above would be effective in improving road safety.

Topics For Practice

1. Is there a particular career you are interested in?
Explain what advantages your dream job has.
2. Which do you think is better using traditional books or tablets when studying at schools?
3. Lots of people think that online shopping can be an ideal solution to congestion in big cities. Do you agree to this view? Give reasons to your opinion.
4. Do you think that exams are the best ways of assessing learning or there are other ways? Give reasons to your answers.
5. There are some jobs which should never be done by women. Do you agree? Give reasons.
6. Using bio fuel will increase the prices of food and poor people will suffer more. Do you agree? Give reasons.
7. Some people think that mentioning the details of crimes on the media is a big problem. Do you agree? Give your reasons
8. The most important aspect of a job is the money a person earns. Do you agree or disagree? Use specific reasons and examples to support your opinion.
9. Some parents buy their children a large number of toys to play with. What are the advantages and disadvantages for the child of having a large number of toys?
10. Children should never be educated at home by their parents. Do you agree or disagree?