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THEME THREE

UNIT THREE


BE PREPARED

WORD	P	SYNONYM	DEFINITION	MEANING
Aerobics	N	Heart exercises	Exercises, such as swimming or walking, designed to strengthen the heart and lungs.	التمارين الرياضية
Agency	N	Firm-company	The office or function of an agent.	وكالة
Avalanche	N	Snow slide	A mass of snow, ice, and rocks falling rapidly down a mountainside.	انهيار ثلجي
Crash	N-V	Accident	A hit violently with an obstacle or another vehicle. (of a vehicle)	بصطدم _ تصادم
Cyclone	N	Tornado	A large-scale air mass that rotates around a strong centre of low atmospheric pressure.	الإعصار
Destroy	V	Demolish	To put an end to the existence of (something) by damaging or attacking it.	يهدم- يدمر
Destruction	N	Ruins-harm	The result of something having been destroyed.	تدمير
Earthquake	N	Shock	A sudden and violent shaking of the ground.	زلزال
Electricity	N	Power	A form of energy resulting from the existence of charged particles (such as electrons or protons)	كهرباء
Emergency	N	Crisis	Unexpected and dangerous situation.	حالة طوارئ
Erupt	V	Emit lava	(Of a volcano) become active and eject lava, ash, and gases.	أطلق
Essential	N-Adj	Urgent	Absolutely necessary; extremely important.	أساسي
Feature	N-V	Aspect	A distinctive attribute or aspect of something.	خاصية
Flash floods	N		A sudden local flood, typically due to heavy rain.	طوفان مفاجئ
Flood	N		A rising and overflowing of a body of water especially onto normally dry	فيضان- السيول
Hurricane	N		A severe tropical storm with high winds and heavy rain.	اعصار
Immune	N	Resistant to	Resistant to a particular infection or toxin.	مناعة
Infrastructure	N		Basic features essential to a country, such as roads and electricity.	بنية تحتية
Manmade	N-adj	Artificial	Being made by humans.	من صنع الإنسان
Official	N	Formal	Relating to an authority or public body and its duties, actions, and responsibilities.	الرسمية
Pour	V	Flow-stream	To flow rapidly in a steady stream.	يصب
Prone	Adj	At a risk	Liable to suffer from, or experience something, typically unwelcome.	عرضة
Remove	V-N	Cut off- take off	-To take (something) away or off from the position occupied. -A degree of remoteness or separation.	يزيل - إزالة
Repair	V-N	Mend-Fix	The action of fixing or mending something.	يصلح
Restore	V-N	Reinstall	Returned to its former situation.	استعادة- يستعيد
Return	V-N	Go back	To come or go back to a place or person.	إرجاع- يرجع
Rooftop	N		The outer surface of a building's roof.	على السطح
Scary	Adj	frightening	Causing fear.	مكيف
Seatbelt	N	Safe belt	A belt securing a person to prevent injury.	حزام المقعد
Shake	N-V	Vibrate	To tremble or vibrate.	هزّة
Shallow	N-V-Adj		Of little depth. An area of the sea, a lake, or a river where the water is not very deep.	ضحل
Substance	N	Material	A particular kind of matter with uniform properties.	مستوى
Tornado	N		A violently destructive windstorm occurring over land.	إعصار
Torrential	Adj	Severe-heavy	Pouring down in a very fast strong way.	متدفق- جارف
Tsunami	N		A very large wave, often caused by an earthquake, that flows onto the land and destroys things.	تسونامي
Typhoon	N		A giant, rotating storm that brings wind, rain, and destruction	الاعصار
Volcano	N		A mountain from which hot melted rock, gas, steam, and ash from inside the Earth sometimes burst.	بركان
Waste	N	Rubbish	Unwanted substance.	المكلفات

SUMMARY

Natural disasters are the worst disaster may happen to humanity. Most of them are not expectable. They demolish all the lives of people, their properties, infrastructures, etc. so they are considered and described with disasters. There are many issues to speak about, when we want to speak about the natural disasters. Hurricanes, tornadoes, cyclones, storms, floods can be predicted. Therefore, we should prepare many things when there is a possible disaster in its way to our country. We should store enough food supplies. We should move to a safe place. We should unplug the electricity. We should check all the appliance. We should take enough clothes. We should teach children information about disasters. We should teach them swimming. We should have medical courses in first aids. We should have tools we may need. We should have full batteries for our cell phones. We should keep numbers of emergency. On the other hand, governments should be able to face the disaster. Therefore, it can decrease the damages to the least degree. It should prepare enough shelters. It should work on increase the awareness in public by providing free courses in facing disasters and training large numbers of the public how to deal with disasters. Moreover, it should check all the infrastructures and the sewage to be sure they are efficient during the disaster. In addition to store all the possible tools and supplies for the possible disaster. There are many other procedures, which the state can do before, during and after the disasters.

Last year, Oman has suffered from a hurricane in Salalaha. They was well prepared and was ready to face it. They could reduce the dangers to the least degree. They warned the citizens and supported them before the disasters, which saved thousands of lives. They prepared suitable and enough shelters for all the citizens. The ROP have done great job in rescuing as well as supporting the citizens. All the damages were repaired so fast after the disaster. Therefore, to be ready is the main aspect of facing the disaster as well as to reduce the damages.


Vocabulary Exercises:

1) For each item, read the definition and the example. Then complete the word in the space provided.

You are given the first letter(s) of the word. Make sure your spelling is correct.

1- (N) - Exercises for strengthening the heart.

e.g: - He needs some aer _ _ _ _ _ to keep his fitness in high level.

2- (N) - The office or function of an agent.

e.g: - I went to the car ag _ _ _ _ _ to do the service for my car.

3- (N) - A snow slide causes many harms for people.

e.g: - They lost their friend in an ava _ _ _ _ _ during their skiing last month.

4- (N) - A harm or a damage after a disaster.

e.g: - The hur _ _ _ _ _ has left great destruction in properties and lives.

5- (V) - To cause destruction and damages.

e.g: - The **tor** _____ has destroyed many houses.

6- (N) - **A sudden shake in the ground causes destructions of buildings.**

e.g: - The **car** _____ in Iran last year was the worst and destroyed many buildings.

7- (Adj) - **Was made by humans and not natural.**

e.g: - The pyramids were the largest **man** _____ constructions in the history of humanity.

8- (N) - **The basic structures of a country, like roads, sewage system, buildings, electricity, etc.**

e.g: - The government spend much most of the budget on the **infr** _____.

9- (V) - **To hit into something very hard.**

e.g: - The car **crash** _____ into the tree and was damaged.

10- (V) - **To fix or mend something, which doesn't work well or broken.**

e.g: - The car is broken down. I should **re** _____ it at the mechanic's.

11- (V) - **To vibrate something.**

e.g: - He **shook** _____ my hand and went away.

12- (V) - **To take away things from other things or places.**

e.g: - The cleaner **removed** _____ all the rubbish.

13- (V) - **To explode throwing lava.**

e.g: - The volcano has **erupted** _____ and killed many people.

14- (N) - **A giant, rotating storm that brings wind, rain, and destruction**

e.g: - The **typhoon** _____ has killed three people and destroyed the whole village.

15- (N) - **A mountain contains lava.**

e.g: - This is an active **volcano** _____. It erupts every year.

16- (N) - **A very large wave, often caused by an earthquake under the sea.**

e.g: - Japan has been hit by a tough **tsunami** _____ a few years ago.

17- (N) - **Unwanted substance and rubbish.**

e.g: - The **waste** _____ should be put in the rubbish bin.

18- (N) - **No deep.**

e.g: - Children should swim only in the **shallow** _____ water.

19- (N) - **The safety belt mostly in a vehicle.**

e.g: - We must fasten our **seat** _____ before driving.

20- (N) - The top of the house or the roof.

e.g: - He went to the **roo** _____ to fix the dish and the antenna.

21- (N) - An overflow of waters from heavy rains causes damages.

e.g: - Fl _____ have destroyed three villages.

22- (Adj) - A matter or a material of something.

e.g: - The **sub** _____ of this cloth is fabric.

23- (Adj) - Formal issue or thing.

e.g: - This report is from the minister. It is **off** _____ report.

2-(a) Complete the text. For each item, shade in the bubble under the correct option. (There are three extra words in the text).

Last week there was a great ----- on the skiing mountains. It was due to an -----.
 There were many victims. They were skiing, and were shocked when they saw the -----.
 Three electrical cables were cut. They called the -----, but the ambulance has -----
 ----- into a street post. Finally, the emergency sent a helicopter and rescued them all.

tsunami earthquake rescued victims destruction avalanche crashed emergency

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2-(b) Complete the text. For each item, shade in the bubble under the correct option. (There are three extra words in the text).

The ----- reports have announced there were a ----- on the west coast. It poured a very hot water among all the buildings on the coast. The waves were so high that, the water covered all the -----.
 It was scary for all the people. The government will ----- all the destruction and repair the -----.

remove infrastructures volcano floods earthquake rooftops tsunami official

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2-(c) Complete the text. For each item, shade in the bubble under the correct option. (There are three extra words in the text).

There are many different types of ----- disasters. ----- is the most occurred one. There are three types of cyclone. The -----, which is a long, funnel-shaped cloud extending toward the ground and made visible by condensation and debris. The second is the -----, which is a heavy rain, strong winds, and often thunder and lightning. Finally, the -----, which is a tropical cyclone with winds faster than 74 miles per hour

	artificial	typhoon	hurricane	earthquake	tornado	cyclone	natural	extend
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