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التدريبات لا تغني عن الكتاب المدرسي

Word list

care about	مهتم ب	environment	البيئة
horrible	مرعب ـ فظيع	energy	الطاقة
recycle	يعيد تدوير	refuse	يرفض
throw	يرمي	plant	يزرع
rubbish	القمامة	pollution	التلوث
lifeguard	منقذ	Public transport	المواصلات العامة
cashier	كاشير حوظف حسابات	save	ينقذ – يوفر
factory worker	عامل بمصنع	take part in	يشارك مو
babysitter	جليسة اطفال	volunteer	متطوع
Local food	طعام محلي	adventure	مغامرة
Vet	طبيب بيطري	invitation	دعوة
office worker	موظف	street	شارع
lifeguard	منقذ	free	متفرغ
design	يصمم	once	مرة واحدة
Pick up	يلتقط	twice	مرتين
means of transport	وسائل المواصلات	fix	يصلح
Safari trip	رحلة سفاري	Safari trip	رحلة سفاري
plant	يزرع	great idea	فكرة عظيمة
escape	يهرب	available	متاح
empty	فارغ	normal	عادي
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Language Function

Expressing Opinions:

1-Ahmed:	What's your opinion of my new car?			
Khalid:				
A. Yes, let's do that.				
B. I like doing karate.				
C. I think it's very expensive.				
D. You can ge	t a haircut here.			
2- Ahmed:	Hi Osama! What do you think will happen if we use more cars?			
Osama :				
A-It will rain.				
B- It will be sunr	alManahj.com/qa			
C-I think we wor	n't have clean air.			
D- I think we wo	n't have water to drink.			
3- Asem: W	hat will happen if we cut more trees?			
Anas:				
A-It will rain.				
B- It will be sun	ny.			
C-It will be wind	ly.			
D- It will be no v	wood to use.			

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Future Pla	<u>ans</u>
4. Ahme	۰4 ·

4- Ahmed: What are you going to do at the weekend?
Khalid:
B -l'm a lifeguard.
C -I'm 12 years old.
D -I'm planning to visit a friend.
5- Amr : What are your plans for tomorrow?
Sultan:
B -l'm a lifeguard.
C-I'm 12 years old.
D -I'm going to stay at home.
6-Amr: Do you have any plans for tonight, if you are free I can come over?
Bassam: I'm waiting for you.
A-Great idea!
B—Sorry, I can't.
C-Sorry, I'm busy.
D-May be other time.

-Present Perfect & Present Simple:
7-Ahmed: How often do you play tennis?
Khalid:
A-Yesterday.
B -last week
C. For 2015.
D -Once a week.
8-Taha: Have you ever visited New York?
Monamed:
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A. I don't like water sports.
B. My favorite food is pasta.
C. I stayed at a holiday resort.
D- No, I have never been there.
9-Salem: How long have you lived in Doha, Sayed?
Sayed:
A- I have never been to Paris.
B-I have lived here for ten years.
C-I have travelled to London twice.
D- I have studied English for five years.

Reading (1)

Directions:

Read the following passage and answer the questions that follow.

Keeping Fit and Healthy

When you are fit, you are healthier, you can study better and do daily tasks better. It doesn't have to be <u>difficult</u> to keep fit. Eating healthy food, having enough sleep and doing daily exercise help you to keep fit. Walking is easy and doesn't need any special equipment. Even playing a



friendly game of football helps you to keep fit. Try to take the stairs rather than the lift, too. Of course, it is easier to sit down in front of the TV or computer, but it isn't necessarily healthy! A study published in a medical journal found out that students who play a lot of computer games get pains in their hands, arms, back and neck. So, don't sit down and start doing some exercise.

There are three main types of exercise _____ aerobics, resistance and stretching.

Aerobic exercise is when you make your heart and lungs work hard. Examples of this are swimming and roller skating. Resistance training, such as press-ups and weight-lifting, is for building up your muscles. Stretching activities, such as yoga, make you more flexible. It is very important and necessary for athletes to have an exercise which contains all three types of exercise. Try to keep a diary and aim to train two or three

times a week. Athletes think that a good exercise session has a warm up of 5-10 minutes to avoid injury. This could be walking or jogging. Exercises such as press-ups help to build up your muscles. Include aerobic exercises, such as cycling and basketball. Finally, stretching exercises, such as yoga are good for cooling down.

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1.	What is the second para	agraph MAINLY about?	
	A. healthy food		
	B. computer games		
	C. types of exercise		
	D. building up muscl	es	
2.	Which of the following	punctuation marks best fits the ga	p in paragraph two?
	A. .		
	B. :		
	C. !		
	D. ?		
3.	What does the underlin	ed word <u>"difficult"</u> mean?	
	A. easy		
	B. hard		
	C. friendly		
	D. necessary		
-	What helps you keep fit Thy is it important to wa	and healthy?	
6. \	What should you do if y	ou want to have strong muscles?	
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Directions:

Read the following passage and answer the questions that follow.

1 Recycling means to separate, collect, reproduce, or convert used or waste products into new materials. It goes through many steps. It also helps in extending the life of something that has been used once. The process of recycling is not only important for humans but also for our planet itself.

How does recycling happen?

- Recycling takes place in three stages. First, materials are collected and sorted into different types such as paper, metal, glass, or plastic. Next, sorted materials are reproduced to make new things from the same type. Finally, the new produced materials are sent to the markets to be used again by consumers. When they finish using those materials, the process will start again.
- There are many benefits for using recycling: First, it helps in saving our environment, for example, recycling paper reduces the process of cutting down trees. Second, it saves energy because it takes less energy to reproduce recycled materials than to produce new ones. As a result, the amount of pollution will be reduced. Finally, recycling helps in saving money that means recycled products are less expensive than those made from fresh materials.
- As the population of the world increases recycling is becoming increasingly more important. More factories are being built and more products are available, therefore there should be clear governmental as well as individual plans to concentrate on reproducing things and reducing the amount of pollution everywhere.

1. According to the text,	what is the first stage in recycling?			
A. saving materials				
B. producing new materials				
C. selling produced r	C. selling produced materials			
D. collecting and separating materials				
2. What does the underli	ned word "available ", in paragrap	oh 4 mean?		
A. buy				
B. make				
C. throw				
D. easy to get				
3. Which paragraph talks	about the advantages of recycling?			
A. 1				
B. 2				
c. 3				
D. 4				
4. What are the benefits of	of recycling?			
A. it helps in saving of	A. it helps in saving our cars			
B. it helps in saving of	our trucks			
C. it helps in saving of	our planes			
D. it helps in saving of	our environment			
5. What is the importance	e of recycling to trees?			
6. According to the text, why should governments and individuals have clear plans?				
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Vocabulary ✓ Choose the correct answer from a , b,c or d: 1. Someone took my sandwich from the lunch box ,it's a) device b) recycled c) empty d) save 2. All people mustold things to keep our environment clean. a) recycle b) pollution c) plant d) throw 3. We should more flowers to decorate the garden. a) plant b) throw c) remove d) cut 4. Students mustrubbish in bins to keep healthy. a) throw b) smash c) crash d) plant

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d)	throw		
c)	realize		
b)	contact		
a)	fix		
	9. My computer isn't wo	rking so, I want toit.	
	d) factory worker		
	c) babysitter		
	b) reporter		
	a) mechanic		
	8. A\An	looks after my baby brother.	
	d) Pick down		
	c) Pick up		
	b) Pick on		
	a) Pick in		
	7. We should	rubbish form the street to keep it	
	d) normal		
	c) eating		
	b) flying		
	a) sleeping		
	6. In the future we will d	rivecars.	
	d) sunny		
	c) cloudy		
	b) icy		
	a) smoky		
	5. The sky is	it's going to rain.	

10.A lifeguard helps topeople.
a) throw
b) smash
c) save
c) kill
11.My father has been working as a factorysince April.
a) reporter
b) worker
c) teacher
d) receptionist من تحميل هذا الملف من
12.Last summer we went to a summerwith our school.
a) zoo
b) camp
c) park al Manahj.com/ga
d) museum
13- I don't have my own car, so I always use the public
a) lights
b) wood
c) transport
d) amusement park
14-If your car has broken down, you should go to the mechanic to it
a) fix
b) throw
c) recycle
d)damage

15-To keep our environment clean, we shouldn't throw rubbish in
the
a) bins
b) trash
c) rubbish
d) streets
16-You should the lights before you go.
A. put off
B. get off
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D. cut off
17-Khaled wants to become a volunteer to help protecting the
A. waste
B. recycle
C. pressure
D. environment
18-You should the lights before you go.
A. put off
B. get off
C. turn off
D. cut off

19-I prefer packing my	before heading to the airport.	
B. suitcase		
C. wardrobe		
D. room		
20-I phoned theto A. mechanic	change the room in the hotel.	
B. souvenir		
C. volunteer		
D. receptionist		
A. Fill in the spaces w	vith words from the list.	
volunteer - available - e	mpty - local - transport -save	qa
1. Somebody ate all the choc	olates. The box is <u></u>	
2. My brother uses public	to go to work.	
3. The new computer game w	vill be in shops next mo	onth.
4. If you are coming to Egypt,	you must try food.	
5. I want to become a(n)	to help protecting the envir	onment.
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B. Fill in the spaces with words from the list.

(vet - worried - lights - resort - babysitter - safari)

Theis someone who looks after sick animals.

- 1. I enjoyed seeing the wild animals during the trip in Africa.
- 2. We stayed at a nice holidaylast summer holiday.
- 3. Sara needs a\anto take care of her new baby.
- 4. To save energy we must turn off the if you are leaving your room.
- 5. Khalid isabout her next exams so she can't sleep well

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<u>Grammar</u>

✓ Choose the correct answer:

Future (going to -will)

rut	ure (going to -will	1	
1.	Dad, you d	drive me to Maggie's house?	
	A. do		
	B. did		
	C-will		
	C. are		
2		" اعمادالیادانیوری	
2.	Hamad going	to visit uncle tomorrow.	
	A. am		
	B. is		
	C. are		
	D. was		
3.	Ali is very tired, he	all Mananj.com/ to sleep.	
	A. am		
	B. are		
	C. will		
	D. is going		
4- I 1	think my team	the match tonight.	
	A. won		
	B. wins		
	C. will win		
	D. is going to win		
5- Lo	ok at that kid! He	hurt himself.	
	A. is going to		
	B. was going		
(C. are going t		
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- (May-Might-Could)	
6-Omar b	e at the park, but I'm not sure.
A<u>.</u> m ay	
B. will	
C. would	
D. should	
7- It rai	n tomorrow, but I'm not sure.
A- may	
B-will	
C-would	
D-should	
8- Hesham mayn't	to school tomorrow.
A- came	
B- come	
C- coming	
D-has come	
(If: First Conditional)	
9-If you don't sleep ea	arly, you tired.
A. are	
B. was	
c. will be	
D. could be	

10-If heha	ard, he will get the full marks.	
A-study		
B- studies		
C- studied		
D-studying		
11-If Omar arrives late,	he the bus.	
A-catch		
B- catches		
C-has caught		
D-won't catch		
Present Perfect & Past Simple		
12-I have lived in Doh	a2008.	
A. ago		
B. for		
C-since		
D-last		
13-Have you ever	a snake?	
A. see		
B. saw		
C. seed		
D. seen		
14-Ahmed travelled to London twice so far.		
A. was		
B. were		
C-has		
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15-My	elder brother	Paris last month.
A	\- visit	
В	- visited	
С	-visiting	
D-	has visited	
16-I	haven't seen m	y cousintwo months.
	A-for	
	B-yet	
	C-since	
	D-ever	
17-I	haven't finishe	d my homework
	A-for	
	B-yet	
	C-since	
	D-never	
18	you eve	er visited ancient places?
	A-Has	
	B-Have	
	C-Hasn't	
	D-Haven't	
19- D a	d has	.to work, and now he is sleeping in his room.
	A-be	
	B-gone	
	C-went	
	D- bee	

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✓ Do as shown between t	he brackets.		
Future (going to -will)			
1. The sky is cloudy.	It (will) rain.	(correct the	e mistake)
	ing to) study hard.		
	going) to lend you my		
4-Ahmed is going to t		وقع المنا	(Use: will)
<u>(May- Might -Could)</u> 5-Abdullah may (vi	isited) his grandfather	, but he's not	Ga sure. the mistake)
6-I don't think Kate	e knows the answer.	(Use : migh	nt not)
7- I think dad will	arrive tomorrow.	(Use: may)
8-Asem may <u>arrive</u>	<u>s</u> tomorrow.	(Correct the	e mistake)
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(If: First Conditional)		
9- If it is sunny tomo	rrow , I (Comp	olete)
10-If we go to the a	amusement park, we (have) fun.	
	(Correct the r	mistake)
11-Ahmed will tal	ke part in the race .In that case he	
Present Perfect & Past Simple		
12-My father has g	one to Japan <u>for 5 years.</u> (Use: since)
13-We have (play)	tennis (since) 3 hours	(Correct)
14-They (have gone	e) to the park yesterday.	(correct the verb)
15-They play video g	games every week. (use	: last week)
17-I haven't played te	e nnis since last month . (use	:: for)
18-I have lived in Doha	a for five years. (use: sind	ce)
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Writing 11			
willing it	wri	ting	

- Imagine a friend has sent you a barbecue invitation. Write an email refusing the invitation, giving a reason and suggesting something else. "Refusing a barbecue invitation".

"Refusing a bar	becue invitation".	
Helping phrases:		
Dear,		
It was really nice	of you to	
I'm sure you will	have	
> Thanks again for	your	
		20 00
••••••		
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Writing 2

- Imagine a friend has sent you a barbecue invitation. Write an email accepting the invitation, describe feelings and activities

"accepting a barbecue invitation".

<u>Helpi</u>	ng phrases:
>	<u>Dear</u>
>	It was really nice of you to
>	I'm sure you will have
>	Thanks again for your
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Writing 3

Write a	n email d	of 6-8 se	entences	to your	friend	telling	him a	about <u>'</u>	'your	<u>new</u>
school"	using co	rrect g	rammar,	spelling	and pu	ınctuat	ion.			

- 1- greeting.
- 2- why are you writing the email?
- 3- your favorite teacher.
- 4- your favorite subject.
- 5- yours,

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